

Serving the communities of Albany, El Cerrito and Kensington

The Journal

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35¢

Unit Hills Project Clears Planning Hurdle

By Will Tizard

EL CERRITO -- The Planning Commission urged approval Tuesday for a tentative subdivision of a hillside property into lots with a daunting list of conditions, signifying that the phase of a seven-year plan John Zappia may be near. The commission's recommendation now goes to the El Cerrito City Council where the subdivision site at 1390 Rifle Range Road will go to a vote.

Almost all the conditions were met when the project was approved in 1986. It was never completed because of a lack of funding. Zappia, who lives at the 13-acre site now, described the plan as an additional single-family home he plans to add as being individually designed, in keeping with his 20-year reputation as a developer of local properties. Zappia also developed two homes at Labrecht Court and two on Rifle Range Road. He plans to sell new properties and homes for a total of \$4 million.

The current Rifle Range development was plagued by delays and extensive negotiations with two neighbors, the Atwell Ridge Association homeowners group and the Mira Vista Country Club. Up to the final minutes before the vote, the homeowners group was still obtaining amendments to shorten the period during which the development can be constructed each year. Both groups, however, demonstrated solidarity with Zappia Thursday night, saying all their concerns about his project have been addressed.

A section of Rifle Range Road leading into Zappia's site was a primary cause for concern with neighbors, who rejected Zappia's suggestion that they share the costs of widening it to 26 feet with a 4.5 foot sidewalk. A city ordinance states that such roads

must be wider, but, because the hillside location would have required massive excavation to meet that requirement, the narrower road was allowed.

Drainage concerns also set the project back until Zappia's

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Norma Jellison Named To EC Plan Commission

By Will Tizard

EL CERRITO -- Norma Jellison, a U.S. Postal Service consultant is to be the city's newest planning commissioner. Jellison said Wednesday morning that the biggest asset she

brings to her position is a broad background in the sometimes opposite endeavors of big-scale land acquisition and protecting the environment.

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Council Keeps Hands Off Police Funding Measure

By Bobby Calvan

ALBANY -- Police and fire department officials are hopeful that the Albany City Council will agree to put a public safety revenue measure on the Nov. 8 ballot. The council will decide at its next Monday night meeting whether to do so.

The "special tax" measure is a response to recent budget cuts that eliminated a police officer from the city's payroll, despite protests from Police Chief Larry Murdo, the police union and members of the public.

If passed by voters, the tax will raise \$55,000 during its first year to fill the vacant position the council cut.

According to Murdo, the tax measure would only be used for staffing purposes. However, it is unclear whether the city council will modify the proposed tax to help fund capital improvement projects (renovation projects), equipment purchases and other

expenses.

"If it was just on-going staffing problems, it would be no problem," said Mayor Edward McManus.

In a handwritten response and critique of the police chief's proposed tax revenue measure, obtained by *The Journal*, McManus suggested that the tax measure should also include funding for other departmental expenses.

"If staffing was the only cost -- fine," the mayor wrote, "but we have workers' compensation (costs), costs to replace trash vehicles, liability costs, capital improvement costs, and ongoing improvements."

McManus has agreed to respect the police chief's intentions with respect to the tax measure, and will not attempt to make any modifications to the proposed measure's funding intent, as originally conceived by Murdo and the Albany Police Officers Association, the police union. But

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Things Are Shakin' On Solano



Journal — Mark Koshler

Solano Stroll Kicks Off

July 21 was the day that marked the official opening season for the 1988 Solano Stroll. This year's Stroll Poster was unveiled at an unveiling party held at the American Savings Bank on Solano and to celebrate, a "Solano Samba" was performed by the Elvira Cola Mexe Mexe dancers. Elvira Cola, above, gets into the beat of things. See story and photos on page 3.

Local Wells Provide Ancient Answer To Modern Drought



Peter Agresta adjusts the pump on the backyard well which he shares with a neighbor. Agresta's well easily maintains a lush, green yard this drought year. He says that he has never been able to pump the well dry.

Sherry Lebeck

EL CERRITO -- Some El Cerrito residents aren't at all worried about the drought. They souse their yards on both odd and even watering days. How can they do it? Well...

Driving down the 400 block of Everett one can't help but notice that Peter Agresta's yard is like an oasis in the midst of a desert. Water is pumping onto his lawn and lush ferns, while his neighbors' yards are turning brown from lack of water. If you think he's doing something illegal, think again. The secret lies at the end of the hose which connects to a nearby well.

The well, built by hand in 1910, measures 5 feet across and 35 feet deep and is housed in the backyard of the Panier property next door. "Mr. Panier used to pump the water by hand," says Agresta, 78. "In 1940 I gave him a Jacuzzi pump and got the rights to share the well water for my remaining days. We've never been able to pump it dry."

The pump has gotten Agresta in trouble with EBMUD. "They see the water running and they check my meter and don't see it working. Once they thought the meter was broken, so they replaced it," Agresta recounts an instance when an EBMUD official came out to check the meter for himself. Again, the water was flowing, but the meter wasn't registering any activity. "I said to the man, 'Let me show you why it's not running' and I showed him the well."

Agresta addresses a time in 1910 when there was no water system in El Cerrito (then known as Rust). "There were only 14

Continued on page 5

Expert Calls Phone Survey 'Suspicious'

By Will Tizard

EL CERRITO -- A statistician said last week that he would be "very suspicious" of the claims of a \$9,000 opinion survey recently ordered by the city. The survey was used to justify a \$746,000 assessment approved in June.

Among the accuracy problems with the survey identified by Professor Bruce Trumbo of Hayward State University were the following:

- Respondents who were asked whether they supported an assessment were given two ways to respond positively but only one way to oppose the idea.

- The survey results indicated nothing about those who refused to answer, instead listing only people who responded positively, negatively and or did not know whether they favored the assessment. If those who refused to answer were lumped in with those who did not know, the survey's validity is doubtful, said Trumbo. If, on the other hand, those who refused to respond were simply not counted among the 403 people polled, that raises an equally serious question over the survey's validity, he said.

- The survey question asking people whether they supported or opposed an assessment gave the assessment as the only "alternative to cuts in basic services."

By far the most serious failing of the survey was the offering of two chances to answer positively and only one to answer negatively, said Trumbo. "It is not a balanced presentation," said Trumbo. "It almost makes 'favor' seem like the middle ground."

Trumbo's point is a good one, Continued on page 8

By Chris Treadway

ALBANY -- The Draft Environmental Impact Report for the Albany waterfront generated some 1,500 responses from the public, roughly equal to 10 percent of the city's population, although a number of correspondents are from elsewhere.

In this series, *The Journal* is examining responses to different aspects of the DEIR and the debate over the waterfront's future.

The number of responses to the DEIR is high, acknowledged Bob Berman, whose environmental planning firm of Nichols-Berman compiled the DEIR. But a lot of feedback is not unusual for controversial projects such as Albany's, he said, adding that the document's conclusions are generally sound.

The DEIR is really just a basic informational document, Berman said, noting, "Any decision that is made will be based on the DEIR and other information."

The financial impacts of the five development alternatives studied in the DEIR generated a lot of comment and, economics being the inexact science that it is, the observations vary widely.

Questions about the financial effects of the development on the city range from why different alternatives would mean financial salvation or doom for the city, to what the plan's impacts would be on housing in the region, to what the impact on Albany schools would be.

(Another often-raised topic is the fate of Golden Gate Fields racetrack, currently the city's biggest revenue producer and a topic worthy of examination by itself. Enough concerns were voiced that the retention of GGF at its current location will be included as a sixth development alternative when a redrafted DEIR comes out sometime in September).

Park vs. development
The DEIR correspondence also continues the long-running debate over the fiscal soundness of both the Santa Fe development alternative and the Eastshore Park alternative.

According to the DEIR, the Santa Fe proposal would develop 59 percent of the waterfront (the landowner, Santa Fe Pacific Realty, disputes this figure, claiming the real total for its alternative is 50 percent).

The Eastshore Park alternative would develop 14 percent of the property. In between are alternatives for developing 37 percent and 43 percent of the land and a maximum-build alternative that would develop 52 percent of the

land. Levels of development range from 325,000 square feet for the Eastshore Park proposal, to 3,695,000 square feet (about quadruple Albany's existing commercial area), to 4,498,000 square feet for the "Village Hub High" plan.

If the DEIR forecasts are taken at face value, by the time the racetrack closes in 2003 the Eastshore Park alternative would result in a shortfall of \$35,650 to the city compared to revenue GGF would have generated, while the Santa Fe proposal would

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New Recreation Program Aimed At Teenagers

By Bobby Calvan

ALBANY -- The city needs a "coordinated" program for "wholesome" recreational activities for teenagers, according to Albany Recreation & Community Services Director John Williams.

The city council agreed overwhelmingly and authorized Williams, Monday night, to develop a program for the city's approximately 1,400 teenagers.

Williams said the program is intended to respond to the recreational needs of the city's young population and to offset any temptations that teenagers may have to do drugs or to join gangs.

Although Albany has not seen the problems that nearby cities have experienced with teenage drug abuse and gangs, Williams said there is nevertheless the need to take preventative measures. He said his proposed program would allow the city to get on the "offensive" in tackling the problems most associated with teenagers.

"It's not a cure-all," Williams said, "but it will influence those kids who are in the middle to make positive decisions."

Williams said the community already has programs serving almost every other age group, but none for the teenage population.

Councilmembers, who have been pleased with Williams since his recent hiring, reacted favorably to the program's concept.

"It's two giant steps towards the right direction," said Councilmember Robert Nichols.

The program would sponsor dances, parties, trips to baseball games, volleyball tournaments

Continued on page 3

Police Beat

No refund on stolen items

By Christina Dravis

EL CERRITO -- The following is a summarized list of crime that occurred in El Cerrito between July 14 and 20, as reported by police.

Business burglaries

● V. G. White reported a \$535 18k gold ring stolen from a store display tray on July 14.

● Also on July 14 a customer made purchases at Payless and left the store with the merchandise along with one unpaid-for item. A colleague later tried to return that item with a receipt, but was refused a refund. The miffed suspect left the store after scratching and biting a security officer.

● On July 15 two suspects used counterfeit money to steal cash and merchandise worth \$363 from Capwell's. Both suspects were placed under arrest.

● Tea bags, push pins and a box of dye were retrieved from a woman's purse in Payless on July 16.

● One \$35 T-shirt was removed from Capwell's on July 19.

Residential burglary

● A home on the 900 block of Arlington was robbed of a Rolex watch, travelers' checks and \$18 in cash on July 17. A thief entered the building through a window and removed the valuables while victims slept.

Thefts

● Men's jewelry valued at \$700 was stolen from an employee of Artline Printing on July 14.

● A \$45 car battery was taken out of a truck on Mooser and Elm Streets on July 14.

● A black and gray men's 12-speed bicycle was stolen from a victim's front porch on the 6000 block of El Dorado on July 14. Loss was \$129.

● Two 12-volt batteries worth \$100 were removed from a vehicle on the 1200 block of Liberty Street on July 15.

● Forty cassette tapes valued at \$420 were taken from a car parked in a San Pablo Avenue parking lot on July 16.

● Miscellaneous clothing and a carry bag with various items were left momentarily on the sidewalk

of San Pablo and Hill Streets. The owner came back to find the \$425 worth of items gone.

● On July 20 a license plate, 1KAN920 was stolen from a car on the 1600 block of Liberty Street.

Auto thefts

● A \$3,500 '65 Mustang stolen from the 800 block of Pomona Ave. was recovered on July 14.

● An unlocked blue '78 Datsun 810, 959VTE, was stolen from the 1500 block of Norvell Street on July 16.

● A \$1,900 '87 Honda Elite taken from the 5900 block of Cutting Boulevard was recovered on July 16.

● A tan and brown '75 Plymouth Duster, 808XQC, was stolen from the Terrace Motel on July 16.

● On July 16 a \$4,000 '80 Mazda RX7, 810ZDT, was taken from the 2000 block of Mira Vista.

● A white '82 Ford Econoline van, 2DO5438, was stolen from the Country Pride Market lot on July 18.

● A blue '82 Mazda RX7, 159XYG, was reported stolen from the 2600 block of Arlington Boulevard on July 20. This one contained \$30 sunglasses, a \$150 leather jacket and a \$70 Sony Walkman.

Malicious mischief

● On July 14 a suspect tried open a SF Chronicle newspaper rack in order to remove money from the coin box.

● A small fire left \$50 worth of damage at the Open House Senior Center on July 14. The fire started when somebody put pine needles on a bench and lit them.

● \$400 worth of damage was inflicted upon an Alfa Romeo Spider on the 200 block of Pomona on July 15. The car suffered a smashed window and torn convertible top.

● On July 16 someone jumped through the glass window of a home on the 800 block of South 55th Street and destroyed furniture and the walls. Damage estimated: \$1,900.

● A woman on the 100 block of Ashbury received an obscene phone call on July 16.

● A woman on Madison Avenue was upset on July 20 when a neighbor trimmed a bush on her property's border without her permission.

The woman told police she felt the neighbor was being malicious. Police concluded that her neighbor merely desired a better view of the neighborhood.

Thefts

● An El Cerrito resident reported \$4 worth of change was taken from his car while at the Plaza Car Wash on July 18.

● An in-dash stereo was stolen from a car broken into on the 600 block of Adams Street July 20.

Albany tries mentors to fire up teachers

By Cassi Schorzer

ALBANY -- The statistic speaks for itself -- 50 percent of all new teachers leave the profession after five years in the classroom. In light of this appalling trend, it is evident that effective programs are needed to insure that new teachers are given the support and assistance they need in the critical first years of teaching.

Governor Deukmejian has recognized this weakness in the country's educational system and has proposed that funds be included in the state's budget to provide support to school districts in the development of cost effective programs.

The Albany school district, under the direction of Assistant Superintendent Jon Frank, is preparing a proposal for participation in the New Teachers Project. The project's essential component is in the pairing up of each new teacher with a "district mentor" -- a teacher who has taught many years in the district.

The new teacher will receive 60 hours of instruction on how to implement effective teaching strategies in the classroom and will generally benefit from the insights that many experienced teachers have gained over their years in the profession. The mentor will also receive 30 hours of instruction on how to be an effective coach. The pairs will meet on a weekly basis to provide consistent support and assistance to new teachers.

Frank, for one, has had enough of the sink or swim attitude toward new teachers and agrees that there is a direct correlation between this attitude and the high attrition rate among new teachers. "I know that as a past principal myself," says Frank, shaking his head. "I have given many a new teacher a list of students in September and said, 'Go for it!' Albany never had a teacher support group. The funding provided by the governor

gives us a great opportunity to enhance the effectiveness and self-fulfillment of our teachers in the district. And, of course, the children will benefit greatly from a more competent and well-motivated teaching staff."

Thomsen excited

Board member Peggy Thomsen commented that the project sounded very exciting and board members all shared her enthusiasm. The motion passed unanimously to approve the application for the district to participate in the project.

In other business, the board approved a five-cent increase in lunch prices for the 1988-89 school year. The Education Code requires free or reduced lunches be provided to qualifying students and as Business Manager Jan Smith explains, "This means that only half of the elementary school lunches are paid for in full. In order to continue to fund the program fully, it will be necessary to increase prices and we've chosen an incremental approach over a large increase at one time."

According to Smith even with the increase, the lunch program is barely self-supporting. "We've already implemented changes to reduce waste such as giving the students a choice of two-out-of-three food selections. This way the child doesn't take anything on his plate that he has no intention of eating."

Smith adds that an attempt has

been made to make the food more appealing to the kids without sacrificing nutrition. "Never have there been more nutritious pizzas and chicken nuggets. They look like the fast food kids love so much but little do they know." The board expressed the desire (jokingly, to be sure) to keep the nutritious ingredients that are sneaked into the pizzas under wraps should the children catch wind of it and turn up their noses. This being the case, mum's the word!

Board skeptical

In these days of severe school budget restraints, the board received the welcome news that Berkeley has a surplus of \$70-75,000 available for Child Development Services which the Albany school district may apply to receive. Quite understandably, the news was received with skepticism. Board President Kay Rabin inquired quite simply why the money doesn't go to Berkeley.

Frank, who presented the proposal that the district apply for these additional child development funds, explained that the state wanted all children in the area to be served by this money and the unused money is now up for grabs.

"If we receive the funds," says Frank, "we'll be able to address the needs of the afternoon kindergarten program." It should come as no surprise that the board unanimously approved the submittal of an application to ob-

tain additional Child Development funds for 1988-89 school year. Apparently the application process is simple as it sounds. The superintendent's office has a lot of work into each request. There is only so much money to be allocated to districts in the area.

Parents may learn

A final point of interest presented to the board in preliminary discussion, an education program was entitled "Developing Learning Skills in Assisting Children Acquire Higher Order Skills." The course is designed to teach parents the same that their children are learning in order to build self-confidence in both parents and children dealing with math.

"Math is a hurdle," says member Gayle Tapscott, "a program that really helps. Our children score in the 10th percentile in California math yet their parents don't reflect how well they are doing. Their performance tests need to reflect this. Having the parents in the learning process will be about an improvement in children's class performance. The proposal for the education class will be reviewed before action in the next meeting scheduled Aug. 15 at 7:30 p.m. at the Central Library."

Beware of airplanes and phone m

Another pyramid scheme is spreading throughout the country. The scheme is called the airplane game or airplane investment program.

The plane is made up one pilot, two co-pilots, four crew members and eight passengers. Each passenger must pay \$1,500 for the flight. When all seats are sold and all passengers are aboard, the pilot collects the eight \$1,500 passenger fares and "pilots out" richer by \$10,500. The plane then splits into two planes, the two co-pilots move up to each pilot a plane, the four crew members now become co-pilots and the

eight passengers are now crew members. Then eight new passengers are sought for each new plane and the process begins again.

Telephone fraud

Unsuspecting California residents are giving their telephone calling card numbers to scam artists.

The subject calls the victim and identifies himself as a Pacific Bell or AT&T representative from the Toll Fraud Unit. The subject then tells the victim that someone has been using their calling card and has made several hundred calls around the country and overseas.

The "security agent" of the victim their telephone number and asks for the four digit number. Once the number is obtained, it is believed to be sold to an underground market. The buyers quickly then to call long distance to the world.

The Pacific Bell Toll Fraud Unit routinely monitors customers for unusually high toll charges within a period of time. However, Pacific Bell representatives they already possess the card number.

Bush source of dispute

By Christina Dravis

ALBANY -- The following is a summarized list of the crimes that occurred in Albany between July 14 and July 20, according to police.

Fast food, faster car

On July 19, employees of Taco Bell reported that two men in a black Ford Escort drove through the restaurant's drive-through lane and ordered food.

It wasn't unusual when the men drove off without their food...until they did it for a second time.

Police were summoned, but no further incidences took place.

● A woman on Madison Avenue was upset on July 20 when a neighbor trimmed a bush on her property's border without her permission.

The woman told police she felt the neighbor was being malicious. Police concluded that her neighbor merely desired a better view of the neighborhood.

Thefts

● An El Cerrito resident reported \$4 worth of change was taken from his car while at the Plaza Car Wash on July 18.

● An in-dash stereo was stolen from a car broken into on the 600 block of Adams Street July 20.

RICHMOND -- A Job Club will be held for persons laid off from work at the Richmond Safeway Distribution Plant. The meeting will address problems such as how to budget money for persons on unemployment, ways to get and keep credit and loans and how to stay on track financially when returning to work.

The Job Club meets each Friday from 9 to 11 a.m. at the Richmond PIC Office, 330-25th Street. At each meeting former Safeway workers will discuss concerns related to employment displacement, including coping with job loss and meeting interim emotional, financial and domestic needs.

In addition to the Job Club, the PIC offer skills assessment, counseling and job referral and placement services for dislocated workers. Persons interested in more information about the Job Club for dislocated workers may contact Terri Phillips at 620-6572 or 620-6578.

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Obituary

Hurley Y. Heats

ALBANY -- Hurley Y. Heats, 84, of Albany passed away July 22, 1988 at his home. A 44-year resident of Albany, Mr. Heats was a self-employed accountant for 50 years. He was born in Angels Camp, California.

Mr. Heats is survived by his wife Myriam Heats of Albany; two sons, Glen Heats and John Heats, both of Albany; one daughter, Gale Van Druen of

Albany; and two grandchildren.

Cremation was held and ashes were scattered over Lyons County, Nevada.

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Albany businesses kick up heels

Reception at American Savings sets tone for stroll

By Phyllis Lyon

Officials of two cities and members of the Solano Avenue Association kicked off the 1988 Solano Stroll at the American Savings Bank at the top of Solano Thursday evening. The Stroll is for Sept. 11.

Albany Mayor Ed MacManus officially opened Solano Stroll with the unveiling of this year's poster. "The Stroll is an important event to both Albany and Berkeley," he said. "It has contributed much to making Solano Avenue the lively and prominent street it is today. I am pleased to pledge Albany's continuing support."

Posters publicizing the event carry the motto, "So lovely, so live-Solano," have become famous for their high artistic quality. This year's poster, designed by Ernie Young as inspired by Cathy Lee of Lee Graphics, depicts two brightly colored paper fish,

described by artist Young as Japanese koinoburi, in the circle of traditional Stroll posters, with a eucalyptus branch, the tree that lines Solano Avenue. Stroll posters from past years are now on exhibit in the main entrance of Albany City Hall.

Present to celebrate the unveiling were Albany Councilman Robert Nichols and Vice Mayor Henry Kruse, Berkeley Council Member Shirley Dean, Albany Chamber of Commerce Director Hal Denham and Berkeley Chamber of Commerce Executive Director Jeff Casey.

The highlight of the party was the vigorous Solano Samba performed by the Elvira Cola Mexe Mexe dancers, courtesy of Sweat's Aerobic Studio, to the torrid beat of a capella drums. Appearing cool in sparse, bespangled costumes with orange, red and pink feathered head dresses, the dancers invited spec-

tators to join in the samba, turning the bank into a tropical hot spot. Dario Meniketti, representing Albany Seniors, was one of the star stompers on the floor. To cool off, guests drank the Solano Sling, created for the occasion by Diane Karns of American Savings.

Danielle Wilson, Manager of the American Savings Bank was hostess for the celebration. Rose Burns, President of the Solano Avenue Association, said in her opening remarks, "Solano is a friendly, neighborly street. The Stroll shows this and lures people out of the shopping malls and on to the Avenue." Cathy Lee, secretary of the association, added that the Stroll brings out a community spirit and helps Solano reach its true potential.

The Solano Stroll began in 1976 with 2,000 strollers. According to Ira Klein, called the "father" of the Stroll, the two mile long block



Albany's Mayor Ed McManus unveils the new 1988 Solano Stroll Poster. It was designed by Ernie Young as inspired by Cathy Lee of Lee Graphics.

party had 20,000 participants last year. "The street is proud to display itself each mid-September for all to see. It's not just one city, but two — not just one store but 200. A lot of businesses will be open especially on Sept. 11 to

offer specials, whether giveaways or sales."

Events preceding the Stroll this year include the First Annual Albany Pasta Fest, sponsored by the Albany Chamber of Commerce, to be held Sept. 10 at the

Royal Cafe, and the Second Annual People Chase, a run on the morning of Stroll Day at Golden Gate Fields.

Television personality Pat McCormick will be the grand marshal of this year's Solano Stroll.



On July 21 a Solano Stroll Poster unveiling party was held at the American Savings Bank Solano. Spellbound bank employees watch Elvira Cola's girls dance in the lobby.

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Albany Council...

Continued from front page

and other "special events" for the city's middle and high school population.

The program will cost the city approximately \$4-5,000 per year, according to Williams. Most of the costs will pay for staffing.

Williams proposes hiring col-

lege students to direct activities. Williams will take advantage of the newly created Cal-in-Albany program to hire a UC Berkeley student intern who will assist in designing and implementing the teen program.

A program could be in place by late September, Williams said.

Consolidating elections

In other action, Monday night, the city council again postponed decision on whether to consolidate city elections with county elections.

The county clerk's office says it does not have enough space on its November ballots to accommodate the city.

Oakland city voters recently approved the consolidation of their municipal elections with county elections, only to be informed

that the county could not accommodate that city's ballots, either.

The city of Albany will await resolution of Oakland's dilemma before deciding the fate of the its own plan to combine election ballots.

City officials have said consolidation with November county elections during even-numbered years could help increase the city's voter turnout.

The city also wants to consolidate to save money. The city foots the entire bill when it holds its own elections. Consolidating would allow the county and city to share election expenses for precinct supervision and other expenses.

If the city does decide to move

Continued on page 6

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EVERYBODY'S BUSINESS

A weekly section featuring local businesses and businesspersons

T-Brace hits the big leagues

A weekend athlete reduces danger for teams nationwide

By Will Tizord

EL CERRITO -- Not many young entrepreneurs would proudly tell you that a sprained ankle from their adolescence allows them to stay at home all day and prosper at the same time.

But Cris Carrigan's T-Brace company works in a one-of-a-kind way. It's not that Carrigan and his father Gordon, a co-owner, profit from injuries, exactly. In fact, they hope to prevent athletic injuries with their braces and supports.

It's just that Cris' childhood ankle troubles sparked an idea in his father's mind that now provides the two men with a good living, and one on their own terms.

Gordon, who still coaches as he did then, found that he didn't have the time to properly treat his son's troublesome ankles before Pop Warner football practice and neither did the boy's own coach.

Then an answer came to the elder Carrigan. He devised and patented what his son said was the first-ever T-shaped athletic ankle brace. The braces have changed little from the time they were devised, and look like a nylon sock, with the heel and toe missing, except that it laces up the front like a Converse high-top. A strip of vinyl extends down both sides from the top, over the ankles. The strip is reinforced by another strip across the top of the foot.

The design, which Gordon worked out with the help of an orthopedic surgeon, is meant to restrict the foot from twisting sideways, but allow full swinging

in the direction the wearer is moving, as you would need in running.

"When your ankle goes to blow out, it can go that far and no farther," said Cris, a quick-witted in jeans with a Saturday shave, taking off his Reeboks to demonstrate an ankle brace at his El Cerrito hillside home.

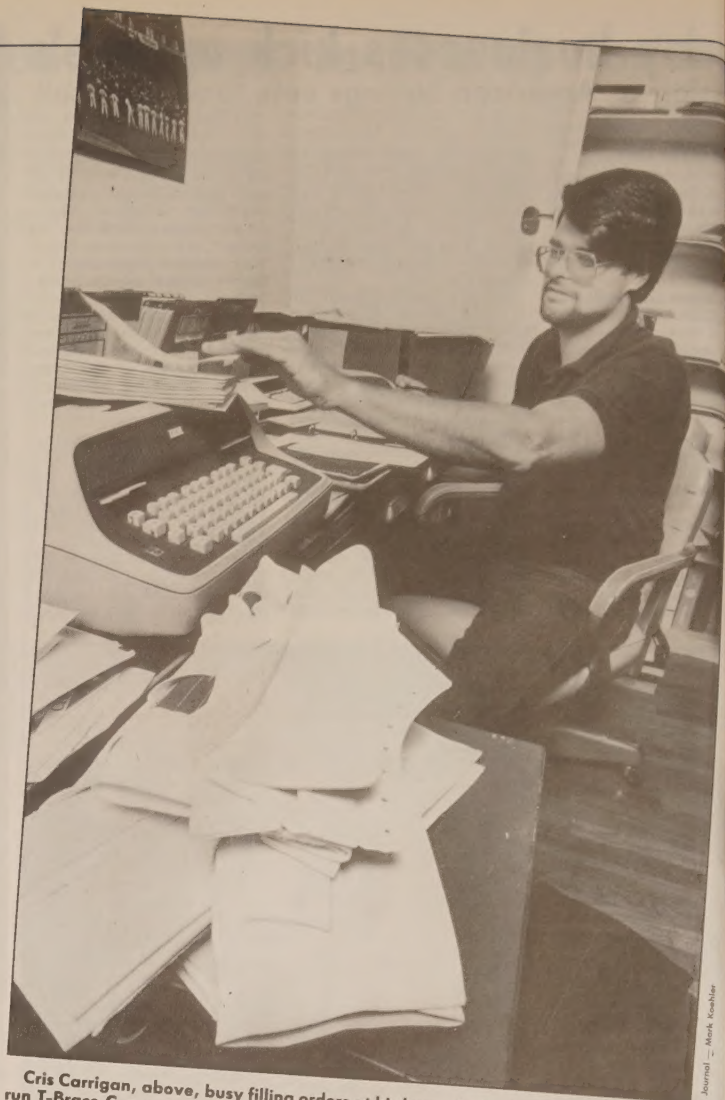
The patent has been imitated several times since then by competitors who add a slight variation, said Cris. He is secure enough in the company's design and low costs, said Cris, that competition doesn't worry him.

"A patent is worth this much," said Cris, holding up pinched fingers. Instead, he has faith that T-Brace customers will keep coming back to the original.

Besides, he said, nobody can match his prices. T-Brace thigh supports sell for around \$10 in stores, and Cris charges the stores about \$4 each for them, while competitors usually charge stores \$5.50 each. The 50-percent plus mark-up is a much bigger attraction to stores than what other companies, like Wilson, can offer, said Cris.

Gordon's years as a coach gave him an inside perspective on just what coaches wanted and needed, said Cris.

T-Brace now operates chiefly out of Cris' house on El Cerrito's Colusa Avenue, where he takes phone orders between wrestling with his fourth generation family bassett hound. "The commute from the front room to the back room via the shower is great," said Cris.



Cris Carrigan, above, busy filling orders at his home desk where he and his father run T-Brace Corporation. The T-Brace is similar to a nylon sock in its appearance.

Working at home is as good a situation as Cris has ever had. However, his wife Dana, who might find him underfoot, was not asked. But her growing career in

electronics may keep her busy enough not to mind.

The arrangement does have its tough spots, said Cris, like the

Continued on page 8

Money matters

Pertinent financial information for the layperson from local accountant Jaime T. Fukumae

Meal and entertainment deductions

Generally, business travel remains fully deductible but business meals and entertainment are only 80 percent deductible. (There are exceptions. Certain meal and entertainment expenses remain 100 percent deductible.)

It is the employer's reimbursement policy that determines whether it is the employee or the employer who must reduce meal and entertainment expenses by 20 percent before taking a deduction on the tax return.

If the employee accounts for his expenses to his employer and is then reimbursed for

them, the employee does not report the reimbursement as income nor does he report the expenses as deductions. The employer in this case deducts the reimbursement he paid the employee after making a reduction for 20 percent of meals and entertainment.

If the employee is reimbursed but does not provide an accounting to his employer, he must treat reimbursements as income on his tax return. After making the 20 percent adjustment on meals and entertainment, the employee can deduct the balance in arriving at his or her adjusted gross income. In

other words, he need not itemize to get his deduction. The employer in this case deducts the entire reimbursement paid to the employee.

Where an employee is not reimbursed by his employer for business expenses, he must adjust his meal and entertainment expenses for the 20 percent non-deductible portion. Then his expenses can only be claimed if he itemizes and only to the extent such expenses along with other miscellaneous itemized deductions exceed 2 percent of his adjusted gross income. In this case, the employer gets no deduction.

'Mom and pop' gym is home to Albany-El Cerrito athletes

By Barbara Davidson

EL CERRITO -- The Albany-El Cerrito Gym at 9943 San Pablo Ave. in El Cerrito is described by Manager Arlene Tabler as a "mom-and-pop gym."

It's small. It's friendly. And it's not unusual to see Tabler's dogs peeking out from under her desk or to see her lunch discreetly warming up in the sauna.

Tabler has a personal relationship with her customers who supported her efforts to save up for a harp by purchasing her homemade whole wheat banana bread and homemade dog biscuits. She has also held "silly sales," her own in-gym yard sales of surplus items from her house and garage.

The gym is just as professional as it is homey. It is owned by Jay Holt, a former wrestler, who won fourth place in world competition at the Olympics in Melbourne, Australia, in 1956.

Holt used to Manage Jack LaLanne's health club in Oakland back in the 50s. When LaLanne decided to move to Los Angeles in 1958, Holt purchased some of his equipment. It is still in use at the Albany-El Cerrito Gym — the

big pressing machine, the barbells and dumbbells and the pressing benches.

Holt's first gym was in downtown Oakland, relocating to Albany when the City of Oakland purchased the building he was renting space from for urban development. After 12 years on Solano Avenue, he was uprooted again, the building was again sold and he moved to El Cerrito 4½ years ago.

Tabler has been running the Albany-El Cerrito Gym for the past 12 years. She is also Holt's lady. She met him at the now defunct Gene's Health Club in San Leandro where she first learned how to manage a gym.

Tabler has been weight training for 22 years. She believes that everyone needs exercise. "The body was not meant to be stagnant. If people exercise, no matter what type they do, there is no reason they cannot be more beautiful as they mature. I know I like doing it and I will never stop." She does admit it is a lot of work and therefore only one-third of all customers will keep coming back, one-third will work out for six months and stop and one-third

will be a "fast turnover."

Tabler considers the Albany-El Cerrito Gym to be unique because it caters to everyone as an individual. She says, "While other gyms' instructors might say to the customers, 'Here's the gym — go do it,' we offer personal care. I am always here to see that people are doing it right and to effect program changes as need be."

The gym offers individual programs in weight training for ages 12 and up. One-third of the customers range from their teens to late 20's, one-third are middle-age and one-third are seniors.

Some of the ladies are in their eighties and Tabler is careful to note any health problems of seniors to create programs for their special needs.

There are three-month, six-month and 12-month memberships. Tabler said the gym has not raised its rates since 1981 and that they are some of the lowest in the Bay Area for a privately owned gym.

Because it is a small facility, there are alternative days for men and women, which appeals to female customers who feel more comfortable not having to worry



Manager of Albany-El Cerrito Gym Arlene Tabler has been running the gym 12 years, and has been weight training for 22 years. She gives her customers individual attention needed to ensure correct weight training procedures.

about their appearance or comparing themselves to men in terms of performance. Tabler is present only on ladies' days, Monday, Wednesday and Friday.

"Women do different programs than men because their

bodies respond differently," said Tabler.

"You have to treat a woman more gently and over a period of time she can seek the level which she feels best suits her." Tabler takes into consideration a

Continued on page 1

Old wells that end well

Continued from page 1

scattered around the city," says Agresta. The city brought in a water system around 1917 when the building boom began, he adds. Agresta remembers windmills on one end of the town to the other in the then primarily Italian community which had largely migrated to El Cerrito from the North Beach area of San Francisco after the 1906 earthquake. There was nothing here but windmills, he adds. Across the street from his property, Agresta points to two houses which sit on what was formerly a natural spring. "The owners have pumps under the houses," says Agresta. "In the early time the houses would draw water without the pumps." In the 1930s, before houses occupied the site, Agresta recalls kids used to ride homemade sleds on the pond created by the spring. "They had a lot of fun there," he says, smiling. "This water is good enough to drink," says Agresta proudly patting the well pump. "In 1977 I brought the water to the University of

California for testing. They said the water from this well is better than the water from EBMUD."

Considering well water as "pure" is a misnomer, according to Wiley Hom, Supervising Inspector of Environmental Health in the West County. "In the past water was tested for bacteria, but studies of chemicals in the water were not done," says Hom. He adds that natural water can be toxic if chemicals have leaked into wells.

The Environmental Health Department took over the county's watchdog position on the county's water supply in the early 1980s. According to Hom most of the well water in El Cerrito is used for irrigation, not drinking. "We don't have a problem with water from well sources in this area," he says. "There is more concern in the Central County."

Most of the wells in the area were dug prior to the 1980s and no new wells have been installed since that time, according to Hom.

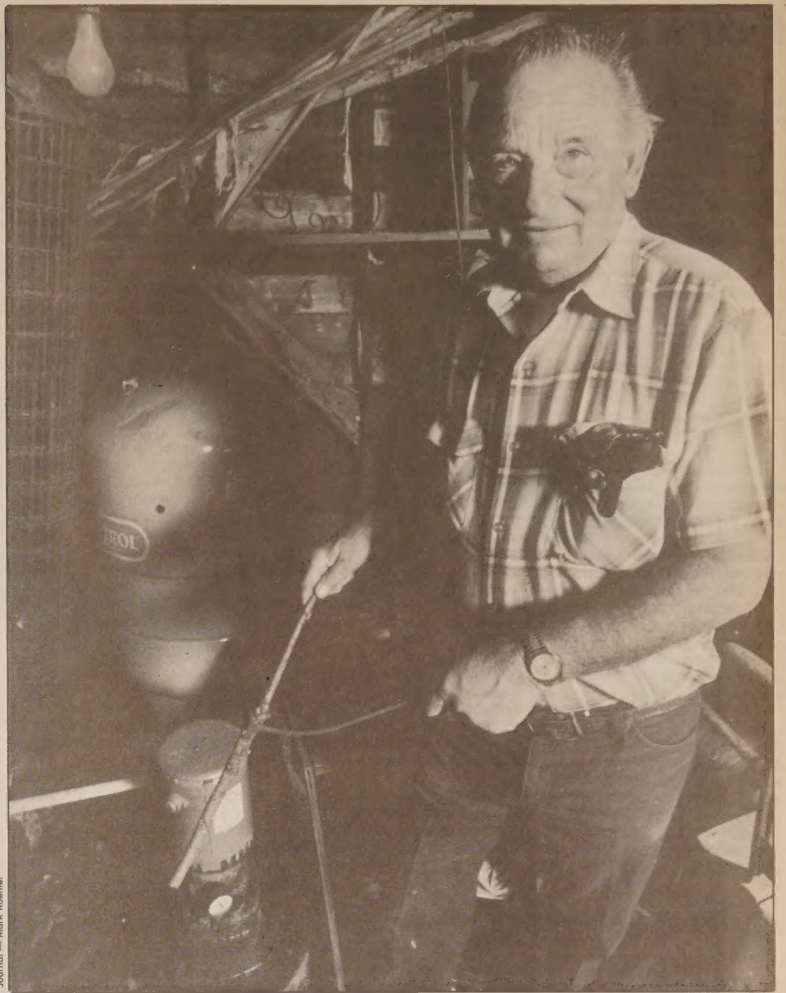
On Albemarle Street, Eileen Leon has all but given up hope on

digging a well. Her brother bought drilling equipment during the last drought. "We heard water and reached moist sand," she says. "We dug down and put casing in the hole and went into the house for a moment. When we returned the well had caved in. My brother was fed up and gave the well drilling equipment to my husband," she says.

Not in the mood to give up, Leon and her husband drilled another well. But this time her husband stepped on a brick that lodged in the well opening.

On the third try, Leon and her husband dug a 15 foot well, successfully hitting an underground spring. Thinking the third time was the charm, an ecstatic Leon, while walking near the well, stepped on a rock that flew into the air and landed (yes, you got it) in the well, plugging it. "The fates were against us," she said. "We filled up the well hole. All I have to remind me of the experience are a lot of pretty polished rocks."

Albert's Nursery on San Pablo Avenue also has a well that provides thousands of gallons of



Hank Albonico uses a forked stick to demonstrate how the well at his family's nursery was discovered 50 years ago with a copper divining rod.

water per day to all of the plants scattered over the nursery's 3/4 acre of land.

"Our well was dug in 1937 by my parents before the business was started in 1938," says owner Edward Albonico. "Before that there was pasture land all up and down what is now San Pablo Avenue. The only other building around was a grocery store, bar and apartment building where Jay

Vee Liquors is now located near Mooser Lane."

Underground pipes connected to a pressure tank, run throughout the nursery. All the plants are watered by hand by hoses attached to the underground pipes, according to Albonico.

"If we had to buy water today, we'd have to reduce 75 to 80 percent of our stock," says

Albonico. "As it stands we don't have a water bill."

Because of the drought people aren't planting as much, according to Albonico. He notes that purchases of vegetable plants, trees, shrubs and large trees that require constant watering are way down.

Albonico adds that his well water is only for irrigation. "The water hasn't been tested," he says.

A well established before 1908 and located at the corner of Fairmount and Carlson Boulevard supplies irrigation water to Sunset View Cemetery & Mortuary, according to Michael Klinger Executive Vice President. The water is pumped up to the cemetery through an extensive pipe system from the well and supplies water to the entire cemetery. This year, because of the low water table, not much water has been available, says Klinger. "We've had no problems with the system," he adds.



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Parks vs. development...

Continued from page 1
show a net surplus for the city of \$1,474,000 annually.

Keyser Marston, one of the consulting firms that contributed to the EIR and later reviewed it at Santa Fe's request, agrees with the figures enough to conclude "Only the Santa Fe alternative shows a large positive cash flow to the city's general fund."

The firm's critique mentions the projected deficit that could be caused by the Eastshore Park alternative and concludes an analysis of each alternative's impact on Albany's budget in the future is important.

Keyser Marston and other observers point to the growing financial needs the city will be facing soon.

Bob Guletz, who writes that his observations are based on eight years service with both the public works department and the Albany city planning department, cites a number of major infrastructure expenses the city will be facing soon. Among them are: the long-term reconstruction of the sanitary sewer system, a backlog of street repairs, a new roof, remodeling and asbestos removal at city hall, and the need for a new or expanded library.

Guletz suggests that the EIR study a waterfront development that not only replaces lost racetrack revenue, but helps fund infrastructure improvements plus an "added safety factor" in case revenues are below the predicted amount.

Albany residents C.R. Pagter and Doug and Pat Donaldson are

among those who claim the Park alternative has too insufficient development to meet the city's revenue needs.

"I have seen city services shrink since Proposition 13," says the Donaldson letter, "and I don't like it. I am confident a level of development can be found that will provide significant open space as well as new revenues to replace both past losses and racetrack revenues."

financial sceptics

A number of correspondents, however, don't buy the conclusion that the Santa Fe plan will mean an economic panacea for the city or that the Eastshore Park will spell financial doom.

Sol Strand, a resident of 555 Pierce St., is among those who question whether the city actually will need revenue in excess of what the racetrack currently produces.

San Franciscans For Reasonable Growth wrote a letter calling the financial conclusions of the DEIR inaccurate.

The group claims that cumulative costs associated with a major development, as well as hidden infrastructure costs to the community at large, such as transit and transportation systems and air quality are not accounted for.

The San Francisco Bay Chapter of the Sierra Club, one of the groups boosting the Eastshore Park proposal, also challenges the report's financial summation.

Included is a chart that refigures the revenue generated by the park plan minus \$131,000 in maintenance costs that would be borne by the state rather than the city, according to the letter's author Norman LaForce, who co-chairs Citizens for an Eastshore State Park. Using these figures, the CESP claims their plan would annually generate \$77,000 in excess of current track revenue.

The letter also questions costs for the Santa Fe alternative it says are not adequately covered in the DEIR, such as the water demands and solid waste disposal costs the project would generate and the costs of schools and police and fire protection the city would have to pay for.

Gary Binger, in a written DEIR response written for the Association of Bay Area Governments, warns that "major job generating projects have considerable inflationary pressure on the existing housing near the site. (In the agency's opinion) This level in Albany will directly be related to the level of employment at the site. Renters in Albany, Berkeley, El Cerrito and Richmond may eventually be displaced."

(The Santa Fe proposal has a projected employment of 10,523 compared to 809 for the Eastshore Park plan. The Santa Fe plan also includes 980 housing units).

The Albany School District takes a neutral position in its letter, concluding "Every plan, with the exception of the 'status quo' would have deleterious effects on the schools."

ing and service levels." Staffing is to remain at the January 1988 level.

"In no circumstances," according to a draft of the measure, will the parcel tax exceed ceilings established by the ballot measure.

Murdo said \$55,000 will be needed to fund the officer's position cut by the council because of reputed budget constraints. This translates to a tax on single family homes of \$8, while multiple family units and condominiums will be taxed between \$4-\$6. Commercial and industrial spaces will be taxed differently.

The exact method of formulating taxes has not yet been decided, but will have to be established by the Aug. 12 deadline.

Taxes, if any, would have to be figured on a year to year basis, depending on the police and fire departments' staffing needs, according to the draft proposal. But single family homes cannot be taxed more than \$32 each year. The maxima for multiple family units and condominiums cannot exceed \$28 per year. Commercial and Industrial spaces will be assessed no more than \$32 per 4,000 sq. ft.

Murdo is confident that voters will approve the tax measure. The measure will have to be approved by at least two-thirds of the voters in order for it to pass.

Mayor McManus, however, is not as optimistic.

"I don't know if it will pass. If the requirement was 50 percent (plus one vote), I'm sure it will

pass. With a two-thirds requirement, that's a hard thing to get. I don't know if that will be done," McManus said.

McManus said turning the measure into a "general tax" would require only a 50 percent-plus-one-vote approval by voters.

General tax revenues would be funneled into the city's general fund, and the city council would be unrestricted in where it could allocate the new revenue.

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Chamber News

Volunteers needed

EL CERRITO -- Congratulations are in order for Dr. Carol and Dr. Joe Ball, Ball Chiropractic Center, who are proudly announcing the birth of their second son, Michael Galen, who was born on July 4 at their El Cerrito home, weighing 8 lbs. 2 oz. Also on the welcoming committee was big brother Ryan Joseph, aged two. Grandparents are Annabelle and the late Galen Ball of Jackson, Michigan, and Lee Bara of Birmingham, Alabama.

Very needy request
Associate member American Cancer Society is in need of volunteers to drive patients to their therapy and doctor appointments, using their own auto. If

Albany...

Continued from page 3
the election date, it would need voter approval.

Waterfront air quality testing
The city has authorized Brown & Caldwell, Consulting Engineers to perform air quality testing at the Albany landfill, the peninsula currently being considered for development of a park, adjacent to the proposed Albany Waterfront Development.

The Bay Area Quality Management District ordered the city to test the landfill for methane, excess carbon dioxide and other potentially harmful gases.

Assistant City Administrator Daren Fields said he persuaded the state Department of Parks & Recreation to pay the \$8,300 bill for the battery of tests.

Test results, according to Fields, should be available by the end of August.

Corps cleanup
The council also accepted grant monies from the state Department of Conservation's Division of Recycling for Litter Abatement that would allow the East Bay Conservation Corps to remove litter along roads and trails throughout Albany Hill and along BART tracks.

Grant proceeds will go directly to the Corps.

you can give some time for this very needy request, contact Sharon at 525-6801 in the El Cerrito ACS offices.

Speaking of the ACS, the Discovery Thrift Shop at 10313 San Pablo Ave., is in need of items for sale in the shop. Needed items are good, wearable clothing, furniture, bric-a-brac, jewelry, household items and appliances, big and small in working order. Call 527-1469 for details on delivering to shop.

Wage shoots up
California's new minimum wage of \$4.25 per hour went into effect July 1, representing a 90 cent increase above the current federal minimum wage. The Industrial Welfare Commission (IWC) voted last December to raise the minimum wage after lengthy hearings during 1987. The new rate will apply to most employers in the state.

Enforcement personnel of the Division of Labor Standards Enforcement in the Department of Industrial Relations will routinely check to ensure the new rate is being paid. Division investigators also will conduct "sweeps" of industries where the minimum wage has been paid.

The civil penalty for inten-

tionally paying employee less than state minimum wage per employee for each pay the employee was underpaid.

An alternative minimum of \$3.50 per hour was announced for employees who earn \$60 per month in tips. The "tip credit" is being phased in state courts.

On June 16 the third Court of Appeal ruled in state Labor Code preventing IWC from setting a minimum wage for employees. That ruling was appealed to the state Supreme Court. The Labor Commissioner's office will enforce court ruling in effect July.

Minors may be paid 85% of the minimum wage (\$3.50 per hour). However, a minor who graduated from high school has passed an equivalent must be paid the same wage as adult performing the same work.

A workforce may not more than 25 percent employees as minors can percent of the minimum wage, however, employers with fewer employees can employ three minors. The penalty limitation does not apply school vacations.

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Business Scene

By Michael S. Holm

The Bay Area home restoration movement began in the early 1960s. The Victorians, the Willis Polks, Maybicks and West Coast colonials blossomed back into the historic beauties they had been many decades before. **KARL KARDEL CO.** has been a leader in this urban revival from the beginning, and now in the 80s the company offers much more than just a beautiful paint job.

Karl, whose formative years were spent in Michigan, Denmark and India, was a political theory major at U.C. Berkeley in 1962, painting houses to make ends meet. It came down to a choice of graduate or urban craftsman. Karl chose the latter, and Karl Kardel Co. began changing the then bland visual urban environment in the Bay Area.

In case you are not quite sure who Karl Kardel is, a sample listing of some of the projects he has conceived and completed are: the Berkeley Main Public Library; the Hayward Jewish Temple; The Christian Science Church of Berkeley; and numerous Victorian and period homes that came to life before our eyes during the '60s and '70s.

Karl's later work that many of us are familiar with includes the restoration of the Grand Lake Theatre at Lake Merritt and extensive waterproofing work on the historic Legion of Honor in San Francisco.

Karl Kardel Co. provides services as general contractor, painting contractor, interior

design and color consultant as well as information and application of Mica Shield Waterproofing Systems.

"We provide creative and unique solutions to our clients problems or requests," commented Karl. "We create a stage for their lives, an extension of who they are, expressed through their environment."

If you are contemplating having your home or building painted, waterproofed or remodeled, a visit to the 10,000-square-foot Oakland facility could be that planning step that makes your project a joy rather than six months of frustration.

Whether you have in mind an interior paint job or you've just inherited 24 units in need of work, Karl Kardel Co. will be able to guide you through the maze of construction and selection and on to completion of your particular dream.

Project Engineer Tom Kramer, long-time associate with Karl Kardel, provides client liaison, formal estimates, in-field changes and sees to it that what is in your mind's eye is what you end up with on the walls, floors, ceilings and any custom work you may have contracted.

The Karl Kardel Co. is located at 4926 East 12th St. in Oakland. The phone number is 261-4149.

Speaking of real estate and development, there is another master among us. **JEROME BLANK REALTY** in Albany has been serving the Bay Area since 1946.

Jerome Blank has had a hand in much of what we see today on

Solano Avenue and the surrounding area. Starting with retail sales in Albany and El Cerrito in the '40s and '50s, development of the first \$900,000 food store on Solano in 1959, the 5,000-square-foot Centre on San Pablo in Jerome is tireless in his efforts to improve the standard of quality of life in this vibrant, constantly changing area.

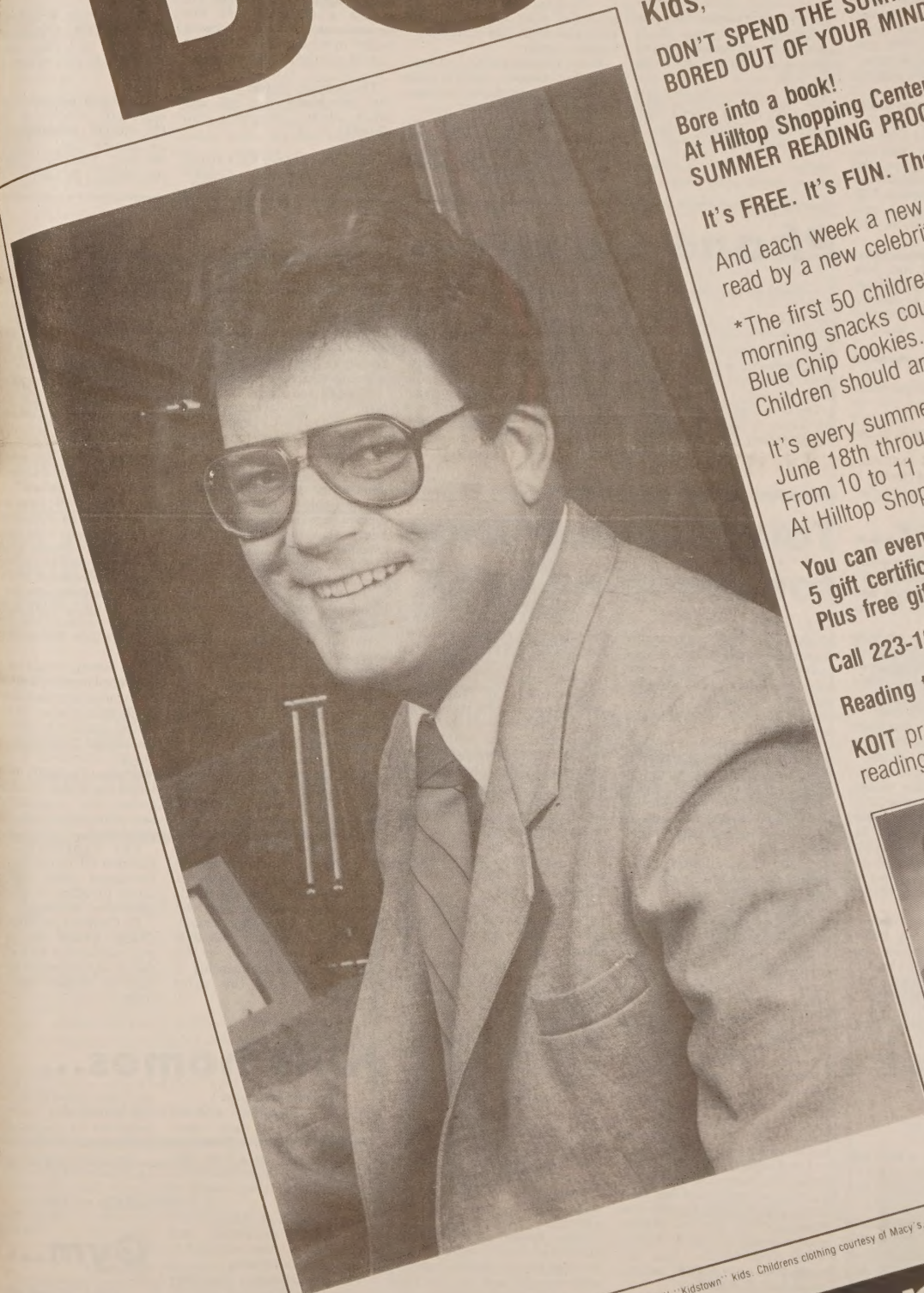
The commitment of Mr. Blank to the city of Albany has passed both the political and the real estate industry. He has served three terms as mayor of Albany, spent 10 years on the Albany City Council, has been the president of the California Association of Realtors and also appointed the National Association of Realtors as Chairman of the Legislature.

"The times are very different now and we are trying to find new ways to assist first-time buyers in the market so that too can share in the American dream of home ownership," Mr. Blank.

Jerome Blank Realty is a forward-thinking investment commercial leasing company. They are very active in vestment realty consulting at this time are involved in development of a 5,000-square-foot auto dealership on Pablo Avenue.

The Jerome Blank Realty offices are located at 1530 Solano Ave., Albany. The phone number for additional information is 526-4215.

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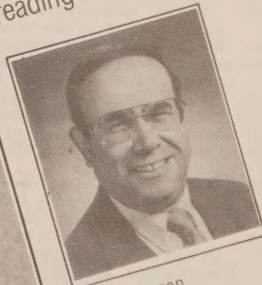
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Reading this Saturday, July 30th:

**KOIT presents DJ Buzz Branson
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Club Corner

By Eileen Leon

Rotary Club of El Cerrito

The speaker for the July 28 meeting will be Howard Abelson, the new BART director from El Cerrito. His talk will cover recent developments at BART.

El Cerrito Rotary meets at the Cerrito City Club in El Cerrito at 12:15 p.m. on Thursdays.

Veterans of Foreign Wars Albany Post 2685

On Aug. 2 the post will meet at 7:30 p.m. at the Veterans' Memorial Building in Albany. New members Albert Reel and Robert Nelson were welcomed into the organization at recent meetings.

The VFW invites veterans with overseas service to consider membership. Many projects which benefit veterans and their families are sponsored by the VFW. Call 524-0837 for more information.

NAACP

El Cerrito Branch

Reports from delegates to the national convention of the National Association for the Advancement of Colored People will be presented to members at the regular monthly meeting on Aug. 9, 7:30 p.m., St. Peter's Christian-Methodist-Episcopal Church, 5324 Cypress St., El Cerrito. The convention was held in Washington, D.C., in July with the theme for this election year of "Vote — Be Heard."

The public is welcome at NAACP meetings. Membership information is available at 234-9296.

Bayview Eagles and Auxiliary, Aerie 2323

The public is invited to three events in the near future at the Aerie Hall, 3223 Carlson Blvd, El Cerrito. On Aug. 5 a fish fry will be held at 6:30 p.m. at \$4 per person. A breakfast served from 8 a.m. until noon will be held on Aug. 7. Tickets are \$3.50 each. Reservations, which are helpful but not necessary, can be made by calling the Aerie Hall at 525-0444. The Auxiliary's bingo will begin at 7 p.m. on Aug. 8.

Membership in the Bayview Eagles Auxiliary is open to all women. Unlike many other auxiliaries, there is no requirement of membership in the Eagles by a family member. Call 524-3693 for membership information.

American Legion Albany Post 292

On Aug. 5 the post will hold its first annual *Mexican Dinner Night* at the Memorial Building. Past Commander Oscar Ruggerio, Jr., will whip up the feast including enchilada casserole, frijoles, homemade tortillas and other Mexican specialties.

Reservations are required. Call Ray at 237-3427 or Oscar at 236-0476 or George at 526-2600. Cocktails are at 6:30, dinner at 7:30 p.m. Members and guests should reserve by Aug. 3.

Post 292 regular meetings are held the first and third Fridays of each month.

The Lindsey Museum

Officers for 1988-89 were elected at the May 24 annual meeting. James R. Moore, Jr., is the new president; Frank Clapp, vice president; Marty Buxton, secretary; and Malcolm Nielsen, treasurer. Mary McIvor, Mark Kaplan, Robert Nootbaar and William C. Spalding have joined the board of directors.

The museum offers educational programs in natural history centering on Contra Costa County and maintains a hospital for orphaned and injured wild birds and animals. The docent class for the coming year, which will begin in Oct. and end in May 1989, is in the planning stages. For information on museum activities and docent training call 935-1978.

San Pablo Pines Stamp Club

John Stansfield will present a program on the Golden Gate International Exposition held on Treasure Island in 1939 at the Aug. 8 meeting at Kidd Manor, 100 Austin Ct., San Pablo at 7:30 p.m. Philatelists, casual and serious, are welcome at the meeting.

Local event of interest to stamp collectors include the San Jose Stamp, Postcard and Baseball card Show on July 30 and 31 and the San Francisco Numismatic and Philatelic Exposition Aug. 12 through 14.

Berkeley East Bay Humane Soc.

There will be a volunteer orientation class from 1 to 4 p.m. on Aug. 31 for the society's Therapists representatives. In this program small companion animals are taken to visit nursing homes. Call Nancy Frensey at 845-7735 for more information.

Humane Society Pet of the Week



No home, doggone it

There are many dogs in unfortunate situations—too many—that have no well-loved feet to curl up around on a chilly September evening; no caressing hands to assure and congratulate a furry hide when a deed is well-done. Where is that special person longing for a faithful companion to enrich his or her life? If you would care to adopt a needy canine or feline, please phone the shelter at 845-7735. There's an animal just waiting for your call.

Hillside Run is Aug. 6

EL CERRITO -- The 19th Annual Hillside run through the El Cerrito hills will be held Aug. 6 beginning at 10:30 a.m. at Cerrito Vista Park.

The run over a 4-mile course will benefit the El Cerrito High School Cross Country Team. A 1.5 mile walk is also an option.

After the race, runners, walkers, families and friends are

invited to enjoy a barbecue and free swim at the El Cerrito Community Center.

Prizes include medals and participation ribbons. T-shirts may be ordered in advance or purchased on the day of the race.

Race day registration begins promptly at 10 a.m. at Cerrito Vista Park. For further information call the El Cerrito Community Center at 525-6748.

Phone survey...

Continued from page 1

said Ed Canapary, a partner with the survey firm and the author of the survey, "but it's just one of those academic points you could argue until you're blue in the face," he said.

The firm does not always offer the choices in El Cerrito's survey, said Canapary, but generally uses a similar four-point rating system

of excellent, good, fair or poor, he said.

Canapary wrote the choices as he did in this case to make them less of a tongue tripper, he said.

As for categorizing people who refused to answer, Canapary said they simply weren't counted among the 403 people surveyed. "At the very least, there ought to be some commentary on why

non-respondents refused and what percentages they represented," said Trumbo. Canapary countered that he has 20 years' experience and knows of no way to adjust for people who refuse to respond to the survey.

"I don't know how to average them in if they haven't given us information," said Canapary. "I wouldn't know how to do that, honestly."

Anyone who refused to respond to the assessment question in particular, however, was lumped in with those who didn't know what they thought, said Canapary.

"There's no justification for assuming that the people who refuse to cooperate would have the same view as those who would," said Trumbo.

As for the phrasing of the assessment question, which provided cutting basic services as the only alternative, Canapary said that he wrote it as specified by El Cerrito officials. "The way it was presented, (to me) was the way it reads," said Canapary.

He stressed, however, that he still felt the question to be objective. "You're asking, 'Is it loaded?'" said Canapary. "No, it isn't loaded."

"People can be led into just about anything," said Trumbo. "Apparently inconsequential changes" in question phrasing or order can have dramatic effects on the respondents' answers, said Trumbo. For this reason, he said, major polls like Gallup contain key survey questions in varying order to avoid influencing a respondent with the prior question.

Hills homes...

Continued from page 1

engineer implemented a novel answer, a detention basin, which Planning Director DeWayne Guyer described as a large outdoor sink which causes rain to run off at a controlled rate instead of all at once.

A large sink hole at the site was also recently discovered, said Guyer, but it is not expected to complicate development.

The development's proximity to the Hayward Fault also required a retaining wall and the stepping of homes into the hillside to reduce the risk of soil break-up during an earthquake, Guyer has said.

Zappia, who said he would put his four children's names in a hat to determine the name of the street leading into the property, said he has all the backing necessary to begin construction if the City Council approves the project. A lack of finances was the reason Zappia did not build the project as approved by the council in 1986. Despite the lengthy list of conditions, Plann-

On The Calendar

El Cerrito Recreation Division sponsors a beginning waltz and polka class at the Community Center, 7007 Mooser Lane Tuesdays at 7:10 p.m. Intermediate waltz follows at 8:30 p.m.

A beginning salsa class starts July 28 at 7 p.m. All classes are five weeks long. For more information call Belinda Ricklegs at 893-1519.

Have Brush, Will Travel, paintings, sculpture and pottery by 16 artists including Jackie Morgan landscapes opens Aug. 3 at the Hammons Gallery in Kensington. The show hangs through Aug. 31, Weds. through Sat., 10 a.m. to 5 p.m.

A Celebration of the Chile Pepper will be held at the Fourth Street Grill, 1820 Fourth Street, Berkeley, during the height of the chile season from Aug. 8 to 21. All chile dinners will be served with temperatures ranging from tame to torrid. Chiles will appear in every course from appetizer to dessert. For information and reservations call 849-0526.

Richmond Public Library will present a discussion and live demonstration of non-poisonous snakes by a naturalist on July 28 at 2:30 p.m. at the library.

The program is free. For further information on this and other library programs call 620-6557.

The Berkeley/Richmond Jewish Community Center-

presents a special two workshop, *Raising Children in Interfaith Families* on July 30 from 3 to 5 p.m. with Kaplowitz Schiffman of the Isaiah in Lafayette workshop will explore dynamics and conflicts of children in interfaith families.

As part of its REAP program for older adults, BRJCC a program by Dic Felner, *Living New Guinea: The Story And Beyond* on Aug. 1 at 10 a.m. Programs are followed by hot kosher lunch.

The center is at 1414 St., Berkeley.

The Kensington Senior continues activities through summer months each Tuesday from 9:30 a.m. to 2:30 p.m.

At the 11 a.m. program on Aug. 4 Neil Parks will present the second of a two part series *California missions* followed by potluck lunch.

Owner Builder Summer in Aug. will give campers an experience in building.

Two hand-on workshops be covering *Home Repair Improvement* and *Basic Life Work* will be held on Aug. 7.

The Owner Builder Center non-profit educational. For further information programs call Syd 848-6860. The center is at Addison St., Berkeley.

New commissioner...

Continued from page 1

"It doesn't necessarily have to be that way," she said, explaining that with a good flow of information, seemingly opposite interests can find common ground and move forward.

Jellison said she is generally satisfied with the El Cerrito Redevelopment Agency's "aggressive" stance on attracting new commercial growth downtown. The agency's lack of a successful major new development is attributable to the complexities of its task, she said.

"I'm not saying they haven't had time," said Jellison. "I'm just saying that it's very hard." Redevelopment is an approach sweeping the East Bay, she added, arguing that cities like Oakland have not done nearly as well as El Cerrito has.

"It's a formidable task," she said. Cities must be strong in their dealings with major tenants, but must also be able to attract them, despite tough competition from neighboring areas.

That balance is currently being struck to Jellison's satisfaction, she said.

The need for redevelopment is clear, said Jellison, on sections on

San Pablo Avenue that appear anonymous and undefined. It's hard to tell where El Cerrito even begins without a street sign, she said.

As for residential planning decisions, Jellison predicted the commission will decide on more improvements to existing homes than new single-family homes. At the same time, Jellison said she differs from the city manager's worries that new home buying is dangerously rare in El Cerrito.

Instead, Jellison said she anticipates a flood of new people, which would increase city revenues when property is reappraised upward as it is sold, bringing a stronger tax base to the city. "The hords can't be far behind," said Jellison, citing El Cerrito's affordability, desirability and access as reasons.

The Planning Commission's relations with other city bodies could be more efficient, she said. "When the council refers back to the commission and it goes back and forth, it could be better," said Jellison.

She qualified that administrative snags are not frequent and usually stem from an unusual area like subdividing lots.

Most people here do a little skiing, a little windsurfing, or are on softball teams, all of which call for T-Brace support, he said.

The company recently expanded from dealing with only ankle braces to supplying thousands of leg and arm muscle supports. As a consequence, Cris stated that his optimism is well-placed. The muscle supports have revamped traditional pull-on supports. They're made of square neoprene pads that fasten at any width with velcro.

The company is rapidly showing that it's more than a resource for people with running injuries, he said, but T-Brace's growth causes Cris to reflect back on the company's starting point. The philosophy is simple, like most good ideas: The human knee, and the ankle for that matter, allows room for commercial improvement. "It's not up to snuff for what it's used for."

Tough competition for planning spot

EL CERRITO -- Eleven applicants with experience ranging from architecture to nature conservancy and from law to small business interviewed Monday night for an opening on El Cerrito's influential planning commission.

Robert Bateman of 6510 Hill Street is a Richmond architect with seven years' experience at Interactive Resources, Inc. He is also a licensed contractor who has negotiated and presented projects to city, county and state government bodies.

Arthur Chen of 1625 Julian Drive has been self-employed for 10 years, is a licensed civil engineer and has managed structural engineering projects and built several El Cerrito homes.

Jill Dodd of 417 Village Drive, is an attorney with nine months' experience at Steefel, Levitt & Weiss in San Francisco. She was also a regional planner for three years with the Association of Bay Area Governments, working on housing and development issues.

Michael Gonzalez of 2323 Mono Avenue, has owned El Cerrito Electric on San Pablo Avenue for five years. He has also co-chaired Rotary events and says he has knowledge of city systems.

John Hoffnagle of 529 Albemarle Street has been director of development for two years at People for Open Space in San Francisco, has been a member and chairman of the El Cerrito Tree Commission, and has managed statewide nature preserves in Oregon.

Dorothy Jacobs of 7450 Mooser Lane has co-owned the Bear Vending Inc. of Berkeley for 32 years, is a member of the El Cerrito Chamber of Commerce, and is currently on the El Cerrito Public Safety Commission.

Norma Jellison of 6816 Blake Street has been a real estate acquisition consultant to the U.S. Postal Service for two years, has

consulted for local, regional, state and federal government agencies, and been a regional planner for the Association of Bay Area Governments.

Allyn Myers of 2320 Mono Ave. has owned El Cerrito Construction Ltd. for six years, was senior citizen center board director for Richmond and has been president of the St. John's School Board.

Carl Nelson of 2618 Brooks Ave. has been an associate attorney for Bold and Poliner in Walnut Creek for three years, whose company has counseled county water districts, special districts and cities.

Julie Rogers of 7128 Blake St. has been a self-employed attorney for one year, has been an administrative aide for the Yolo County clerk and a housing lobbyist for the City Student Lobby before the Davis City Council.

Betty Wagstaff of 2037 Tapscott Ave. is a retired appeals officer with 30 years' experience working for the Internal Revenue Service. She served on the Contra Costa County Grand Jury last year, chairing the editorial committee.

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Make Yourself Heard!!!

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T-Brace...

Continued from page 4

two weeks he spends on the road every two months, making contacts and updating his sales agents.

The effort is worthwhile, he said, adding that his last business trip gave him a chance to catch the much-awaited annual Mets-Cubs game at Chicago's Wrigley Field. The extra effort really shows up in his agent's sales, too, said Cris.

Since they work on commission, their enthusiasm is the main tool Cris has to keep them going.

Cris plans to settle here, one day buying a home in Petaluma or Marin County, he said. That's natural enough in the state that seems to lead the country in amateur athletics. "Ohio people just don't do anything there," said Cris. "They're spectators. They're big people. In Indiana, everyone plays basketball."

California is different, he said.

Gym...

Continued from page 1
woman's whole body and major body part is considered to create symmetry. Shirley Villadsen has been in the gym for that because she is "a man." The retired computer whiz and amateur violinist began because she "didn't want to be flabby." "It's impossible," she said, "it doesn't hurt when I turn to back my car into a place. Now I don't have pains. I never allow myself to miss a day. If I miss, never come back."

Take A Dip While It Is Still Warm

ALBANY -- Peggy McQuaid, director of the Albany Pool, tells people that summer is only half over but there is still plenty of swim time available at the Albany Pool with classes for children and adults as well as recreational and lap swimming. The pool is located at 1311 Grand Ave. in Albany.

The next session of adult classes is scheduled to begin Aug. 2 and continue through Sept. 2. The classes and times are as follows: **Beginner swimming**, Monday, Wednesday and Friday, 10:30 a.m. to 12:30 p.m.; **Adult Beginning/Intermediate**, Monday through Thursday, 10:30 a.m. to 12:30 p.m.; **Deep Water Exercise**, Monday, Wednesday, Friday, 9:30-10:30 a.m.; **Arthritis Exercise**, Tuesday through Thursday, 9:30-10:30 a.m.; **Water Aerobics**, Monday through Thursday, 10:30-11 a.m. **Learn to swim** classes for children run everyday for a two week duration. Session IV is from 1 through 12; Session V, 15-Aug. 29. Classes meet from 1 to 3 p.m. in half-hour sessions.



Journal — Mark Koehler

Making A Splash

Tim Karaca flies through the air with the aid of his friend, Michael Scott, at the El Cerrito Community Pool last Friday. The El Cerrito swim center attracts loads of fun-loving kids, adults and seniors. Fortunately there is plenty of room for everyone.

Padding and playing in the water, recreational swimming, is Monday through Friday from 3 to 4:20 p.m.; Thursday and Friday, 7:30-9:20 p.m. Thursday night is Family Swim. No one under 18 will be allowed in without an adult.

Lap swimming is Monday through Friday, 6 to 8:30 a.m.; Tuesday through Thursday,

11:30-1 p.m.; Monday, Wednesday and Friday, noon to 1 p.m.; Monday through Thursday, 5:30-6:30 p.m.; Friday, 6:30-7:30 p.m.; Tuesday, 7:30-9:30 p.m.; Monday through Wednesday, 8:30-9:30 p.m.; Saturday, 7-8:30 a.m.; Saturday and Sunday 1-2:30 p.m. and 4:30-6:30 p.m.

For further information about the pool call 526-7386.

Albany Youths Shine At All-Stars NorCal Hershey Meet

By Stu Zisman

ALBANY -- Fighting a sweltering sun and 800 competitors from 37 other cities, Albany youth shone at the Northern California State Hershey Track Meet.

Almost everyone of the 19 member team set a personal record for themselves in one event or another, and many of these performances were good enough to earn medals and ribbons.

Davis and Dann are winners
Gold medal winners were Colin Davis and Phoebe Dann, both students at Albany Middle School. Davis won the standing long jump competition for boys 13 and 14-years-old with a jump of 8'7" and five-eighths inches. Dann threw the softball 140' 4 inches in the 11 to 12-year-old girls division. These two competitors also performed well in other events.

Davis, competing in the 13 to 14-year-old boys division, took six seconds off his previous best time in 800 meters running it in 2:17:00, good for second place. Unfortunately, he was disqualified when a fellow teammate ran alongside him for 20 yards shouting encouragement, which is against meet rules. Dann took fifth in the 100 meter finals.

Teaming with Helen Starr, Jennifer Onweller and Gianna Frederico, Dann won another fifth in this age group's girls relay. Frederico was a surprise silver medal in the standing long

jump. Her jump of 6' 10 1/2 inches was nearly a foot better than previous practice jumps.

Other girl competitors from Albany who placed were Mizuho Mimoto, who earned a bronze medal in the 9 to 10-year-old running long jump while clearing 10' for the first time in competition and Laura Sextro who ran a personal best in the 800 meters for 13 to 14-year-old girls which earned her seventh place.

Continued on page 17

Finally Eliminated

By Don August

ALBANY -- The final Albany Little League team has at last been eliminated, as the major division all-stars were knocked out of the running in their fourth game, officially ending the playing season for the league.

The run put together by the 11 and 12 year-old stars came to an abrupt halt against Concord, but before that the Albany team made their talent known in winning twice before being eliminated.

In game one the Albany team beat perennial challengers Antioch by a count of 9-7, behind the strong pitching of Kamau Edwards and the offense of Trigg Splenda. Splenda led his mates going three-for-four while scoring two runs. Jesse Quay scored three times while Tatum Tapscott, Ben Meyers, Eddie Beckhusen and David Van Dyke all had runs batted in.

On the mound Edwards pitched five-plus innings, giving up just five earned runs on just four hits while striking out eight. Next up, Walnut Creek and Albany travelled to their home fields to take them on and came away 9-5 losers. Trailing 4-1 in the third Mario DePrisco hit a three run homer to even the score. However, a host of Albany

Continued on page 20

Four Keglers Vie For Week's Top Honors

By Les Ekman

ALBANY -- Weekly honors at Albany Bowl could have been claimed by any of four very capable keglers -- Joe Alec, Delcia Young, Steve Williams or Steve Wichelmann.

A strong finish in Gino's 535 Scratch Trio helped handsome Alec to a share as the Old Pro put together a big 223-192-204-278-897 to easily outscore other Scratch league members while comely Delcia Young sandwiched a shining 258 in between games of 192 and 187 for a fine 637 in the 850 Match

Continued on page 17



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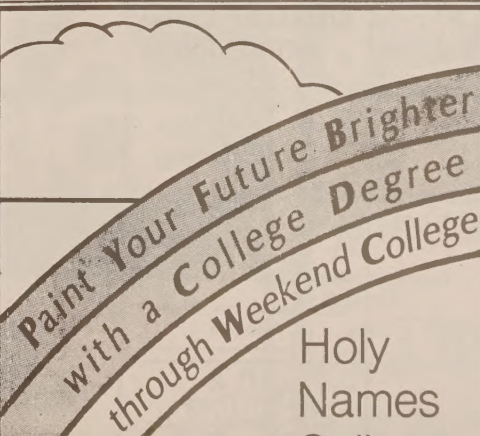
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Community Folk

By Clara-Rae Genser

Tobias directs Korean Cakewalk

By Clara-Rae Genser

ALBANY -- Roy Tobias, the artistic director of the Korean Ballet Company, wanted a very American ballet, a clear example of American dance artistry, for the Korean people to see and for the international audiences who will attend the Olympics there. He chose the classical ballet, *Cakewalk*. Thus it was that Ruthanna Boris, an Albany resident and choreographer of that splendid dance, received a call from the Artist Management Office in New York, representing the Universal Ballet in Korea, asking her permission to do her ballet.

By contract Ruthanna can

decide who shall and who shall not present *Cakewalk*. Also by contract she or her representative will teach the ballet to the corps and she will have the final say as to costumes, sets and staging. Roy Tobias knew *Cakewalk* well having performed in it in its original presentation. Boris was delighted to agree that he should do it. Ruthanna's only surprise was to discover, after signing the contract, that the Universal Ballet in Korea was headed by Rev. Moon, head of the Universalist Church and of the so-called "Moonies."

Howard Sayette, the Artist Director of the Oakland Ballet and long time dancer with the

Ballet Russe, the Met and other companies, is the ballet master for *Cakewalk*. It was he who went to Korea to teach the dance to the *corps de ballet*. He reports that it was difficult for the Asian dancers, particularly the girls, to move their bodies in this typically American way. *Cakewalk* is taken from the black experience (as jazz is to music, *Cakewalk* is probably the only indigenous American dance).

The strut is an integral part of the dance and young Korean girls were not quite comfortable doing it. However, Sayette prevailed and reports that they are rehearsing a charming production.

Choreographer Boris has to make certain the costumes and sets are as they should be and that the production will maintain the high standards she insists

upon. Shortly before the opening she will travel to Korea to supervise the final rehearsals.

Early dancing years

Ruthanna Boris has been dancing and/or in dance activities since she was nine years old. It was then that she knew that ballet was what she wanted and was accepted into the school of ballet connected with the Metropolitan Opera. Only youngsters who were serious about making ballet a career were accepted here. Two or three years later she was an apprentice on salary (\$10 a week salary). Within another year she was a full member of the corps (with no raise in salary).

Before Boris was 15 George Balanchine came to New York and started the American Ballet Company. She auditioned for him and was one of the 35 people chosen. The first year

was spent in classes because Mr. B. was retraining them in the Russian tradition.

Hired by De Mille

Meanwhile, it became necessary for Boris to start earning some money. It was then that Agnes De Mille offered her the opportunity to dance with Paul Haakon, a popular dancer on Broadway, in the Shubert production of *Hooray for What*.

Ed Wynne was the star, Ruthanna remembers, and Vivian Vance was the singing lead. "Wonderful people," she says, "And many of them are still my friends."

She did several other things with the Shuberts through the years but went back to ballet itself, performing and principal dancer with the Met, the Ballet Russe de Monte Carlo and TV spectaculars.

After her marriage to Frank

Hobi, they went together to Royal Winnipeg Ballet of Canada where she was artistic director, prima ballerina and choreographer. They also formed the Boris-Hobi Company where she again performed as artistic director, prima ballerina and choreographer in New York on transcontinental tours.

Psychotherapy

When she decided to stop dancing she took a year off to decide what she wanted to do. She continued as a faculty member of the School of American Ballet in New York City. She was interested in and in psychotherapy and into therapy herself. She discovered a woman in New York, Marian Chase, who was experimenting with a new concept of dance therapy.

Continued on page 17



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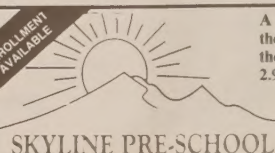
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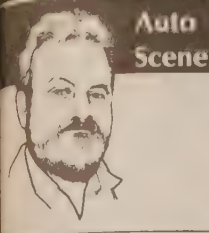
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Auto Scene

Acura Legend simple and comfortable

The target price of the Acura is around \$20,000 to \$25,000, where many mid-market new car buyers are shopping at present.

This price range has a lot of European competition, but with the very successful entry of the first luxury Asian performance models from Acura, the competition has intensified.

Built under the umbrella of Honda, Acura has been selling the Legend for the past two years with great success.

This success is directly due to the vehicle's quality and excellent all-round engineering and construction. Long gone is the flimsy, lightweight econo-Honda concept. Today the Acura Legend is a big league player with all the luxury and feel comparable to any performance touring sedan.

The four-door sedan runs directly into the upper end of the compact-sized sedan market. It has plenty of interior space for four adults, and five can be comfortable over reasonably long distances.

For our test I ran the vehicle with the family on board to San



All Legends come with standard features like power windows, cruise control and a programmable graphic equalizer

Diego for a seven-day return trip. During this extended run I covered over 2,000 miles and grew

to enjoy the Legend as a family automobile.

The Fetherston kids gave the back seat area a solid testing, creating their usual back-seat havoc with spilt juice, busted crackers, assorted rock collections, shredded papers and crayons. The leather upholstery took it all in stride, wiping clean of all minor disasters.

The general seating comfort of the Legend is good, although I would have preferred a softer seat for long distances. The 10-way adjustable driver's seat got me set up well behind the wheel; with the sedan's great all-around view I felt I had good command of the vehicle.

The body is well put together — flush glass and a full set of

aerodynamic tricks to help it cut through the air quietly. I did find, however, that the shape of the upper door frames, which fold over into the roof line, can catch you in the shoulder if the space to open the door is restricted.

Improved engine

On the freeway the Legend performed smoothly. I liked the new 2.7-liter V6 engine, which produces 161 horsepower. It is built with dual overhead cams and has a wide power range and an excellent torque figure of 162 foot-pounds. It also uses port fuel injection and an advanced engine management computer. It returned an average of 22 miles to the gallon.

The new 2.7-liter motor is very similar to the 2.5-liter V6 that originally came with the Legend, but the new engine runs better, producing a snappier feel from a standing start while retaining its smooth power delivery at the top end. The standard five-speed transmission works smoothly and is well spaced for both city and freeway driving.

The shifter works exceptionally well and could be considered a standard for comparison for any automobile.

The interior layout has been well designed and nearly all controls can be seen directly or felt without having to take your fingers off the wheel. The wheel itself is leather wrapped and has a pleasant feel.

Speed-sensitive power steering changes rates over 15 mph — at parking speed the steering is light, making it easy to park, but at highway speed the steering firms up, giving the wheel plenty of

Continued on next page

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Unhappy owners should complain to carmaker

People experiencing problems with a vehicle usually get satisfaction more quickly when dealing directly with the automaker, the Automotive Information Council says.

Too often, people immediately invoke their state's lemon law without realizing that automotive manufacturers have well-established complaint resolution procedures.

"Some people needlessly draw out their problem with lemon laws when their answer may be only a phone call away," says AIC President Robert C. Calderone.

To find out how to resolve a problem directly with the manufacturer, consumers should consult one of the best-selling and most under-read books around — the car's owner's manual, AIC says.

Owner's manuals fully explain the steps to take under the particular car manufacturer's complaint procedure, and they usually contain telephone numbers and addresses of people to contact.

This information is important not only to residents of states that

have "lemon laws," but also to the people who live in states that do not have such legislation. Alabama, Arkansas, Georgia, South Carolina and South Dakota are the only states without "lemon laws."

The auto companies have an interest in solving any serious problems themselves, because taking care of a problem fosters

Owner's manuals fully explain the steps to take under the particular car manufacturer's complaint procedure

increased consumer confidence and helps build loyalty, AIC says.

"If (automakers) were doing everything perfectly in the beginning, there'd be no 'lemon laws,'" says Chuck Searly, public affairs manager for Ford Parts and Service Division in Dearborn, Mich. Searly says he has no objection to these laws, but thinks they are "the most time-consuming way to solve a problem."

He suggests that a car owner follow these four general steps when problems arise with a vehicle:

- Take your complaint to the service manager of the dealership first. Most problems can be solved on the spot by the service writer.

- If the problem still is unresolved, discuss the situation with the owner of the dealership. The owner's office is a good place to take a serious complaint, since the owner has the most to lose if you leave unhappy.

- The next step should be to contact the manufacturer's district office.

- If still not satisfied, a complaint should be registered with the manufacturer's local customer relations office. There you'll find a staff of people vested with the authority to make a final decision about how your case will be handled. Searly estimates that these people rule in favor of the complainant about half the time.

When consumers try these four steps and still are not satisfied, the automaker will offer arbitration. Car owners may choose to try their state's lemon law at this point, but they should not expect miracles, AIC says.



Ford cleans up at Baja

Ford light trucks achieved wins in every class they entered in the recent Baja 500 off-road race, which traverses 500 miles of the rugged Baja Peninsula in Mexico. Driving the Ford Ranger STX pictured above, Maury Esquerre took Class 7 honors with a time of 9 hours, 19 minutes and 52 seconds. Ford drivers also won Class 7 Stock category in a Ford Ranger, the Class 7 4X4 in a Ford Ranger and Class 8 in a 1966 Ford F150.

Car catalog is available

The 69th annual edition of *Facts and Figures*, one of the industry's most comprehensive motor vehicle statistical publications, is now available.

Facts and Figures, produced and distributed by the Motor Vehicle Manufacturers Association, contains charts, graphs, tables and explanatory copy on the economic impact and role of cars, trucks and buses.

Major categories of data in the 96-page *Facts and Figures '88* are production, sales and registration, ownership and usage, and economic and social impact.

MVMA distributes *Facts and Figures* to journalists, statisticians, educators, librarians, government officials and the general public.

Single copies are \$7.50. Two to 10 copies are \$5 each, 11 to 100 copies are \$3.50 each. Requests for *Facts and Figures '88* should be addressed to P.O. Box 11170, Detroit, Mich., 48211.

Legend...

Continued from previous page

feedback without any harshness. The change between low- and high-speed operation of the variable steering does, however, have an on/off effect which takes some getting used to.

The steering hub on the Legend comes fitted with what Acura terms a supplemental restraint system. This is Acura's version of the safety air bag, which uses four impact sensors to detect a crash.

In the event of an impact, the air bag is inflated within 30 to 40 milliseconds to cushion the driver's head and upper torso. The air bag is not aimed at replacing the seat belt but is a supplemental safety device to better protect the driver in the event of an accident.

Another of the Legend's advanced safety features is the power-assisted four-wheel disc brake system which on the L and LS versions is fitted with a Honda-designed anti-lock braking system. This system allows the wheel to rotate rather than lock up, giving the driver more control under emergency

braking. The Legend is as sure-footed as any of the competition except some of the all-out sports sedans.

The good ride and interior are the result of a well-designed double wishbone suspension at each corner, basic suspension design that is backed up with shock spring rates for both fast travel and smooth cruising. The suspension is with wide Michelin MXV20 R15 radial tires mounted on special alloy wheels, which give the Legend a wide "patch" on the road and a high level of adhesion before start to chatter or squeal.

In summary, the Legend with its host of standard equipment from remote fuel injection to great-sounding stereo to refined comfort and handling vehicle that any buyer will pleasure in owning. It delivers luxury travel at a price usually takes another \$10,000 to buy, with a background of Honda reliability that's nearly impossible to beat.



Airbags in the '89 Lincoln

The 1989 Lincoln Continental leads the way in the domestic auto industry by introducing air bag supplemental restraint systems as standard equipment for the driver and right-front passenger. As shown in this sequence, the driver bag is concealed in the steering wheel hub and the passenger bag behind the instrument panel. During a frontal crash, the bags inflate instantly to stop forward movement of the passengers.

Officials credit the rising cost of aluminum to car vandalism

Director Robert K. Best of the California Department of Transportation recently asked California's citizens to report to authorities about vandalism on the California Highway System.

"Currently, because the price of aluminum has risen, we are having increasing numbers of thefts of aluminum guardrail, bridge railing and signs," said Best. "We hope people driving by locations where these materials are being stolen will report the thefts by calling a local emergency number."

Best said that citizens could recognize Caltrans crews by their orange vehicles, and the presence of cones, signs and warning equipment.

"These thefts are a serious matter," Best said. "Signs and guardrail have been placed there

for the safety of the traveling public and if they are missing, the chances of an accident are increased."

Best said that about \$120,000 worth of highway features have been stolen so far in 1988. He said Caltrans was battling the wave of thefts by using theft-proof bolts, and in some cases spot-welding bolts to secure aluminum materials. Caltrans has also asked the California Highway Patrol and other law enforcement agencies to watch for non-Caltrans individuals on roadways.

"People with cellular phones could be a real help to us. If a motorist sees a theft in progress and calls a local emergency number, the number of thefts can be reduced quickly," Best said.

Do not leave pets in cars on hot days

Dogs and cats are especially vulnerable to heat and should not be left in a car for any length of time on a hot day, the Automotive Information Council says.

Pets can suffer heat exhaustion, heat stroke or even death in a closed car, which can reach 130 degrees within 15 minutes on hot days, AIC says. Temperatures can soar above the normal body temperature of a cat or dog — between 100 and 103 degrees — even when a car window is open a crack.

Cats and dogs, unlike humans, cannot perspire. Panting is their mechanism for controlling body heat. If heat is excessive, their systems go into a kind of biological overdrive and fail.

If your dog or cat is panting heavily and heaving, or its tongue has turned deep red or purple, it probably is suffering from heat exhaustion.

Give small, not unlimited, amounts of water to your pet if it exhibits these symptoms. Also, let your pet cool off in a shaded area. Soaking the dog or cat in cool water will also bring down its body temperature.

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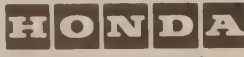
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| 201 | Announcements* | 801 | Real Estate - General |
| 202 | Entertainment* | 803 | Homes |
| 203 | Entertainment Great Events* | 804 | Albany/Kensington |
| 204 | Giveaway (15 words free) | 805 | Berkeley |
| 205 | Lost and Found (Found ads 15 words free) | 806 | El Cerrito |
| 206 | Personals* | 808 | Oakland/Piedmont and South |
| EDUCATION | | 807 | Orinda and East |
| 301 | Children's Schools/Camps* | 809 | Apartment |
| 302 | Business/Vocational Schools* | 810 | Condos/Townhouses |
| 303 | Instruction/Training* | 811 | Albany/Kensington |
| 304 | Musical Instruction* | 812 | Berkeley |
| EMPLOYMENT | | 813 | El Cerrito and North |
| 401 | Help Wanted | 814 | Oakland/Piedmont and South |
| 402 | Child Care/Domestic Wanted | 815 | Orinda and East |
| 403 | Employment Exchange* | 816 | INCOME/COMMERCIAL PROPERTY |
| 404 | Work Wanted* | 817 | REAL ESTATE LOTS |
| FINANCIAL | | 818 | REAL ESTATE LOANS |
| 501 | Business Opportunities* | 819 | REAL ESTATE WANTED* |
| 502 | Insurance* | 901 | Architectural* |
| 503 | Investments* | 902 | Babysitting* |
| 504 | Money to Loan* | 903 | Building Contractors-Licensed* |
| FOR SALE | | 904 | Carpentry* |
| 601 | Home Furnishings | 905 | Catering* |
| 602 | Antiques/Art | 906 | Child Care-Licensed* |
| 603 | Garage Sale* | 907 | Drainage* |
| 604 | Miscellaneous | 908 | Dressmaking/Alterations* |
| 605 | Musical Instruments* | 909 | Electrical* |
| 606 | Pets and Supplies | 910 | Fix-It-Handyman* |
| 607 | Wanted To Buy* | 911 | Framing* |
| RENTALS | | 912 | Gardening* |
| 701 | For Rent-General | 913 | Hauling* |
| | Apartment | 914 | Health and Fitness* |
| | Condos/Townhouses | 915 | Homes Services* |
| 703 | Albany/Kensington | 916 | Housesitting* |
| 704 | Berkeley | 917 | Housecleaning* |
| 705 | El Cerrito and North | 918 | Locksmith* |
| 706 | Oakland/Piedmont and South | 919 | Landscaping-Licensed* |
| 707 | Orinda and East | 920 | Movers-Licensed* |
| 709 | Homes | 921 | Painting* |
| 710 | Albany/Kensington | 922 | Paperhanging* |
| 711 | Berkeley | 923 | Piano Tuning* |
| 712 | El Cerrito and North | 924 | Plumbing* |
| 713 | Oakland/Piedmont and South | 925 | Printing* |
| 714 | Orinda and East | 926 | Roofing* |
| 715 | Share Rentals | 927 | Special Services* |
| 716 | Albany/Kensington* | 928 | Tax/Accounting* |
| 717 | Berkeley* | 929 | Typing* |
| 718 | El Cerrito and North* | 930 | Tree Service* |
| 719 | Oakland/Piedmont and South* | 931 | Travel and Tours* |
| | Orinda and East* | 932 | Upholstery* |

*Prepayment Required

401 Help Wanted

SALES

The Albert Brown Mortuary, the East Bay's most prestigious provider of funeral services, has openings for two professional sales people who are assertive and have the highest integrity to offer funeral planning to our families. A California Life Insurance License preferred. Forward resume to:

Albert Brown Mortuary
3476 PIEDMONT AVE.
OAKLAND, CA 94611
ATTENTION: MR. JOHNSTON

SECRETARY, 19 hours weekly, North Berkeley non-profit agency. Word processing. Office management. \$10 hour. Resume Administration, 1410 Bonita Ave., Berkeley 94709

DON'T miss an opportunity. Young creative East Bay travel agency looking for highly motivated energetic travel agent and/or manager. Preferably with a following and APOLLO background. Salary plus profit sharing. Non-smoking office. 531-1844

MUSIC Teacher at private pre-school and elementary school, El Cerrito area. 528-1727, 530-3380, evenings and weekends

SERVICE station attendants, good pay and benefits, 465-1761

RETIRED person, caretaker for small El Cerrito shopping center, approximately 12 hours week, minor gardening, parking control. Reply to Montclair, Box T.

EXPERIENCED probate paralegal, 4 days a week, 10-3, or flexible schedule to be negotiated. Contact Jima. 339-8993

ACCOUNT Manager Technician: \$8.50 hour, \$16.575 annual, 5 day week, will train. Fully paid medical benefits. Employer is successful mailing list data processor and mailer, work place is professional office environment. Must have strong basic math skills, bookkeeping skills or computer software training also preferred. At least 1 year commitment required. Send resume to: Gazette Marketing Systems, 2920 7th St., Berkeley 94710, Attention: Dorothy Witt

CASHIER-Experience for bank related business, teller help bank. Mature person, 532-7637, mornings

RECEPTIONIST. Light typing, general office, part-time 841-1600

OFFICE MANAGER For Albany chiropractic office. Bookkeeping, billing, payroll, reception and some promotional duties. IBM PC. Must have applicable experience, good interpersonal communication skills, good disposition and organizational skills important. Prefer full-time. Starting \$8 to \$10 per hour. Call Dr. Baskin, 524-5800

FULL-TIME receptionist position for fast growing computer company, light typing. We will train. PC Pro. 465-5700

VOLUNTEER, full-time, part-time. American Heart Association seeks volunteers for data processing, fund raising, public relations and community programs, process special events registration, accounting, and general office duties. Submit letter and/or resume to: American Heart Association-Volunteer, P.O. Box 5157, Oakland, CA 94605

TELLER, typing skills required, ability to work with others, good communication skills, teller experience helpful. Contact branch manager at Oakland office, Home Federal Savings & Loan, 763-0400. EOE

401 Help Wanted

ACCOUNTANT or full charge bookkeeper. Implement computer system for growing east bay real estate asset management company. Resume: P.O. Box 67, Mt Eden, CA 94557

GARDENER, commercial maintenance, order processor for small community brokerage firm. Must type 60 words per minute and have excellent telephone persona. See secretarial duties. Good position for the right person in small family like atmosphere company. Send resumes to: McKeaney-Flavell Co., 11 Embarkment West, Suite 200, Oakland, 94607, 832-2886

CUSTOMER Service representative, order processor wanted for small community brokerage firm. Must type 60 words per minute and have excellent telephone persona. See secretarial duties. Good position for the right person in small family like atmosphere company. Send resumes to: McKeaney-Flavell Co., 11 Embarkment West, Suite 200, Oakland, 94607, 832-2886

BOOKKEEPER for 2 star Oakland restaurant, permanent part time, approximately 30 hours a week. \$10 an hour for a solid track record. Able to work in busy environment. Accounts payable, cash reconciliation, banking, automated payroll, taxes and insurance. Typing and complete references to: Bookkeeper position, 2755 Matthews St. Berkeley, CA 94702

OFFICE ASSISTANT Small publisher seeks full-time, detail oriented person for data entry (45 plus words per minute), customer service, order fulfillment, office procedures, local errands. Requires car, some lifting (up to 50 lbs). Macintosh experience desirable. \$8-10 hour. 524-4000, 12-1 or 5-5:30

CARETAKER, part or full-time; exchange for living accommodations on Oakland Hills two acre sanctuary. 832-7100.

OFFICE MANAGER Oakland chiropractor's office. 10-12 hours weekly. Flexible. Billing, light bookkeeping, penmanship for details. Top salary! Send qualifications to: Stan Melin, D.C., 290 Grand Ave., Oakland, CA 94610.

BE YOUR OWN BOSS Secretary-assistant to run office for national speaker from Rockridge home. Strong verbal, customer service, phone skills, typing, word processing skills required. 60 words per minute, mail promotional information, arrange bookings, invoices, errands, etc. Some sales/public relations, self-motivated. Minimum 5 years office experience. MAC-IBM word processing required, own auto, 28-32 flexible hours per week, \$8-\$9 per hour, call Barbara or Stephanie, 547-6683 (9-5 P.M. daily).

ASSISTANT SALES MANAGER Exercise equipment company. Sales and commission plus benefits, self-starter. 526-7005.

PARTS & DELIVERY Exercise equipment. Salary depends on experience. 526-7005.

HOUSECLEANERS full time, part-time, light residential cleaning, cleaning and transportation provided. 376-1004.

SMALL Manufacturing business seeking full time employee for taking phone orders. 849-9633

LEGAL Receptionist Small office requires detail oriented typist (55 words per minute), Wordstar, valid driver's license, 9-5, medical benefits, \$1500 month. Resume: 436 14th St., #1303, Oakland, CA 94612.

TEACHER Assistant, pre-school, Berkeley. Mornings, afternoons; Monday-Friday, 12 units Early Childhood Education. Experienced. 848-3298

COUPLE wanted to house-sit. Pets and garden. 3 weeks in August. Berkeley hills. 848-3190.

APARTMENT manager, 47 units in Adams Point, prefer retired experienced couple, free 2 bedroom apartment, plus compensation. Send resume to: 2633 Decoto Rd., Union City, CA 94587.

Legal Receptionist Small office requires detail oriented typist (55 words per minute), Wordstar, valid driver's license, 9-5, medical benefits, \$1500 month. Resume: 436 14th St., #1303, Oakland, CA 94612.

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DEADLINES:

11:00am, Monday (Friday 3:00 pm before 3 day weekend.)
5:00pm, Friday - Service Ads and Legal Notices.

ADJUSTMENTS: We make every effort to avoid errors in advertisements. Please check your ad the first day it appears. If an error is noticed, call 339-8777 immediately to inform us and make the correction. We are not responsible for more than one incorrect insertion, or for errors that do not affect the value of the ad. Liability is limited to the cost of space occupied by the error. We cannot promise the order in which ads will appear under one heading.

CANCELLATIONS: Please be sure to retain the number that is given to you at the time you place your cancellation order. No adjustments will be made without a cancellation number.
COPY CHANGE CHARGE: \$4.00

401 Help Wanted

BOOKKEEPER, 12.5 hours per week, \$466. per month, call Legal Assistance for Seniors, 832-3040. Closes August 3.

NON-PROFIT school for deaf babies needs part-time office manager. Flexible hours. North Berkeley. Ideal for retired bookkeeper. Starting at \$10 hour. Contact Jill Ellis 527-5544.

GROWING private practice in San Leandro seeks full-time person for front and back office, computer experience preferred, call Doreen 465-6012

PART-TIME clerical assistant in busy office. Good typing and spelling essential. Apply in writing to 4100 Redwood Road, Suite 200, Oakland, CA 94619

GENERAL office bookkeeper small administrative sales, good benefits plus bonus plan, call after 1, 444-5959

ACCOUNT technician, full-time, attendance secretary, part-time, Spirit Squad Leader. Apply Piedmont Unified District, 760 Piedmont Ave., Piedmont, 946

401 Help Wanted

FULL & PART-TIME

Immediate openings for bright, dependable individuals with pleasant telephone manner at quality 24 hour answering service. Learn a valuable skill- no experience necessary, but light typing preferred, to answer client phones on our computer based system. \$5 hour to start plus bonuses, medical plan and profit sharing. Some weekend work required. Non-smoker preferred. Berkeley. Call 644-9440.

SECRETARY full-time, small real estate firm, Montclair. Phones, word processing, good English skills. 339-9825

SECRETARY- Receptionist. Must have excellent typing, phone manner, English skills and references. Word processing and reception experience in corporate environment required. \$1500 per month. Call Pam 839-1803.

RECEPTIONIST

For small engineering firm, in convenient Lakeshore district. Congenial, smoke-free atmosphere, telephone, light typing, word-processing, general office. \$6.50-\$7.50 per hour, 20 hours per week. 8 AM to noon. Send resume to: Ed Jacob Engineering Group, 585 Mandana Blvd, Suite 10, Oakland 94610.

ADMINISTRATOR, part or full time, efficient and enthusiastic for challenging position in a Jewish school, 20 hours a week, flexible. Contact Debbie 848-3988

HANDYMAN, maintenance man for Grand Lake area apartments. 10-20 hours month, light plumbing, painting, sheetrock, etc., Mr. Weil, 465-4805.

SALESPERSON for Oakland saddle shop. Must have knowledge of horse equipment or footwear sales. 893-3028.

LICENSED Real Estate salesperson, have buyers galore, Grand Lake, liberal commission. Homes and income. Computers, established 12 years. Mr. Weil, 465-4805.

PART-TIME, permanent employee needed for order processing, customer service and data entry. Must be mature, efficient, have good computer skills, write fast and legibly. 9:30-1:30, 4 days. Kathy 530-1018.

RECEPTIONIST- Great Lengths Hair Parlor has opening for receptionist- shop keeper, Tuesday-Saturday, 9:30-6:30. Apply in person, 2946 College Ave., Berkeley.

EXTRA TIME... MEANS EXTRA MONEY!

Christmas Around The World is now hiring demonstrators for our beautiful line of Christmas merchandise. Work your own hours, now through November. No investment. Free samples, training provided. Weekly commissions. Call for details: 536-7809, 223-3468, 795-6549.

FULL time administrative secretary in a small computer software firm, must be experienced, with good office and phone skills, computer knowledge helpful, Kaiser coverage. Call for appointment, 234-5440.

Office Assistant

Computer entry, word processing, typing 50 words per minute, filing, 6 hours a day. Call 530-9504, afternoons.

EARN \$1500 WEEKLY!

Take phone orders from your home office Monday-Friday, 10-4, 524-3955.

GENERAL office bookkeeper for new Berkeley restaurant. 482-4539 before 11 A.M., 644-9885 after. Flexible hours, great people, need versatile, strong performer. Computer experience a plus.

BOOKKEEPER- Office Manager needed by small construction company, Oakland area. Full-time. Non-smoker. Construction and computer experience preferred. Send resume to: Marshall Hopper, 2845 Greenwich, San Francisco, CA 94123.

402 Child Care Domestic

CHILD CARE

AuPAIR Homestay USA

- An au pair from abroad will provide child care while in a homestay with your family
- Year-long, legal, cross-cultural program costing approximately \$160/week covers up to 45 hours/week of child care
- For further information, call

(202) 628-7134

A program of

The Experiment in International Living

FAMILY HOME COMPANIONS Live in, full-time and part-time positions available. 652-3210. No applicant fee.

402 Child Care Domestic

PRAIRIE HOME COMPANIONS Nannies, housekeepers, au pairs recruited from rural Mid western communities. Caregivers available for immediate placement. State licensed agency. 653-0656.

WANTED mother's helper, live in, afternoon and evening hours, car preferred, Piedmont, 654-2656, mornings.

AU PAIR: Professional Oakland Hills family seeks non-smoking, responsible, loving person for part-time child care. Room board and salary provided. English speaking, references, one year commitment. 763-0154 evenings.

CHILD care and light housework 20 hours per week, Berkeley hills. Car, references required. 841-1587.

CHILD care- light housekeeping, 3 kids, ages 4 and 8, Monday, Tuesday, 3-6, car preferred, experienced, references. 527-8101; 527-5644.

EXPERIENCED housekeepers wanted by agency. Need car. Nancy, 848-6448.

SITTER- Housekeeper, 3 afternoons a week, car, non-smoker, start September, Albany, 525-0142 after 7 P.M.

AU PAIR, live-in, Oakland hills, 2 year job, car, 464-8619 days, 841-7739 evening-weekends.

LOVING care for baby, if daily care, can bring own child. Otherwise live-in negotiable. 530-4977.

ORINDA in home child care for 10 old, Monday through Friday, 10-6, \$7 hour, 841-7820.

SHARE OUR WONDERFUL WARM EXPERIENCED NANNY Seeking toddler (16-30 months) to share full-time care in our Montclair home starting September. Contact Ann 428-1457.

WARM, reliable? El Cerrito family needs after school care for 2 children: 10 and 6 years. Non-smoker. \$8 required. 3-5 days week. 527-1795 (evenings).

LIVE in. Family with 2 children, 9 and 12, needs cheerful, organized person. Excellent housekeeper, driver. Salary plus very private living area. 546-7261.

CHILD care and light housekeeping in our Berkeley hills home, Monday through Friday, afternoons. Two children- a 4 year old boy and an infant. Experience, references and good English skills required. Salary open, call 843-4193, mornings and evenings.

AU Pair for Piedmont family with 3 children. Strong family values, no housekeeping, car available. \$6 required. Fluent English. Private room, bath, entrance. 654-3938 evenings or weekends only.

MOTHER'S helper needed to bathe, feed, and dress 19 month old. Also bottle and lunch preparation and baby laundry. Some light housekeeping. Call Robin at 849-9198 before 2 P.M.

CHILD care provider, part-time permanent, needed immediately for 16 month old boy, 2-3 full days weekly. Experienced with good references. Own transportation, non-smoker. 848-4809.

FULL-TIME babysitter, second child to share same. Infant-toddler. Either residence, Temescal-Rockridge. August. 655-7179.

VEGETARIAN cook-housecleaner needed once a week in our home. Must have references. Call Cindy evenings. 339-3776.

LOVING, energetic, full-time, child care needed for 2 children, boy 15 months, girl 2½. Share arrangement preferred. Experienced. Car, references required. Annette, 834-7734, 562-2481.

MOTHER'S helper needed to bathe, feed, and dress 19 month old. Also bottle and lunch preparation and baby laundry. Some light housekeeping. Tuesday-Thursday, 9-11 AM. Call Robin at 849-9198 before 2 P.M.

CHILD care, full-time, Monday-Friday 18 month old girl in my Trestle Glen home. Experience, references a must. 268-1094.

CHRISTIAN family seeks child care- light housekeeping. Two girls: 4 months, 3 years. Live-in or out. No car. Upper Rockridge. 653-9966.

PERSON with car 3 times a week, 4 hours afterwards for senior citizens, housework. \$7 hour. 562-1806.

LOVING, energetic housekeeper to care for 5 children (ages 5-17) after school plus clean, cook meals, help with homework and transport to after school activities. Must have driver's license, car, speak English fluently, non-smoking, experience and references required. Full time, live out. 339-3611 afternoons or evenings.

2½ to 4 year old playmate wanted for our 2½ year old son, Margaret. 836-2575.

WANTED loving care person for 2½ year old, your home or ours, Montclair area. 531-6445.

CHILD care, \$6 hour. Car needed. August 1-12. Approximately 30 hours week, flexible. 547-6749

404 Work Wanted

BERKELEY High Students available for part-time work. Career Center 548-5627.

A CARING CONNECTION Bonded, quality home care includes personal care, housekeeping, companionship. Call Karen, 524-8076.

404 Work Wanted

COMPANION and domestic care for elderly and handicapped in your home, full time or part-time, experienced and bonded. Able Care 685-4704

JANITORIAL- Cleaning offices and windows. Weekdays or weekends. References. Free estimate. 848-4579 anytime!

GOOD Housecleaning services. Ten years experience. Ironing, laundry. Wednesdays, 7 hours. \$7 hour. Fung, 691-9892.

AU Pair available immediately. Piedmont, Montclair. Local references. 655-3968

COMPANION Live in or out. Cook, shop, clean. Fluent English, Yiddish. References. Marilyn 547-4815.

501 Business Opportunities

SERIOUS investors want to acquire Bay Area manufacturing-distribution business. Prefer \$3 to \$5 million in annual sales. All replies held in strict confidence. Write to Box K, The Montclairian.

601 Home Furnishings

WASHERS and dryers Kenmore-Whirlpool. Reconditioned and rebuilt. Guaranteed 90 days. Delivery available. 544-4419 anytime.

MINI-BLINDS

Discount prices on custom Sunflex mini-blinds and Louverdrap pleated shades. Draperies too. Free estimates and installation. Martin Interiors. 569-7540.

TEAK dining table like new, 2 leaves, extends to 8 ft., \$650. 845-8509.

REFRIGERATOR with ice-maker, excellent condition, \$450, contact Linda, 521-8333 days, 339-8038 evenings.

RED oriental rug, 9 x 12, \$450 or best offer. Call 452-1424.

KENMORE washer. Works well. Two years old. Best offer. Get before August 1. 548-4623, 524-5182.

SOFA and love seat. American of Martinsville. Avocado green velvet. \$600 452-1807

Custom made 10 foot couch, \$200. Beige cloth upholstery, originally \$1500. 526-7726 after 4 p.m.

WHIRLPOOL washer and gas dryer, 5 years old, in perfect condition. \$350. Call 658-1737.

TWO sofa beds oatmeal color, \$75 each; Oriental style rug, 8x11, \$100. 268-0553

BEDROOM set- dresser with large mirror, nightstand, headboard, double bed, excellent condition. \$225. 655-7302 evenings.

SALE, 2 tan corduroy love seats, perfect condition, \$200 each. Antique Chippendale table \$100. 654-5871.

KITCHEN Cabinets- wall and base, 17'2". Country style, finished pine. New. Ready to assemble. \$1200. Call 526-7151.

602 Antiques Art

LIQUIDATING contents large home. Exquisite French and English furniture, rugs, paintings, 18th century playmate. 572-0558.

603 Garage Sale

RUGS, Dhurries, Ethnic arts. July 30, 31, 9-5. 60 Florida Avenue, Berkeley, Above Arlington, off Santa Barbara. 527-5348.

OAKLAND, Saturday, July 30, 10-3. Miscellaneous household, formal china, stoneware, baby items. 4114 Maple.

FLEA Market, Sunday, July 31, Vulcan Studios, 45th Ave- San Leandro St. Starts 11 A.M.

BACK yard Sale. July 30-31, 10. Lots of everything! 335 62nd Street off Claremont.

EL CERRITO, Sunday, July 31, 9-3. 1612 Everett Street, 236-2684. Canon copier, CD player, car engines, office liquidation, more.

GARAGE Sale- Saturday, July 30, 9 to 5. Miscellaneous including pinball machine. 1810 Arrowhead Drive.

PIEDMONT garage-moving sale, 25 years accumulation. Bedroom furniture, sofas, chairs, tables, pictures, some antiques, plus many bargain items. Saturday and Sunday, July 30 and 31, 9 A.M.-3 P.M., 218 Pala Avenue, Piedmont.

ALBANY yard sale. Saturday, July 30. Furniture, children's items, household items, some tools. 1077 Peralta Ave., 10 to 4.

MOVING sale, Sunday, July 31, 10-5. 3520 Butters Dr., Oakland. Children's furniture, clothes, toys, new 10 speed, oak dining table with 8 chairs, teak table with 8 chairs, sofa.

MONTCLAIR- Oak bookcase, antique accessories, chandeliers, books, clothing, lots more. 25 Duncan, Saturday, Sunday July 30, 31, 10-4.

MOVING Sale, 3 Glenview families- furniture, tools, baby items, books, more. Saturday July 30, 9-4, 1121 Glendora near Park.

603 Garage Sale

SUPER SALE Oriental collection of 30 years, all to be cleared in 2 days, includes rare turn of century Chinese altar, Tibetan prayer wheel, charms and bracelets, Korean chests, silk tassels, handcarved figurines, Philippine baskets, antique Samurái dolls, antique and contemporary Japanese woodblock prints, rare handpainted framed Persian miniatures, African chware and textiles, handpainted limoges boxes, handpainted Lowell Davis figurines, great selection of jewelry and accessories, many brand new. Miscellaneous includes walnut dining table and buffet, large gold leaf and glass top coffee table, upholstered bench, oak desk chairs, huge speakers for home or commercial use. Tons more! Saturday and Sunday, July 30 and 31, 9-4, 5243 Golden Gate Avenue (off Broadway Terrace).

OAKLAND. Two family yard sale. Furniture, lamps, toys, miscellaneous goodies. Saturday, July 30, 9-4, 4641 Garanium Pl., off of Mountain Blvd. by Redwood Road.

Three families. Furniture, kids, household, clothing. July 30, 10-3, 4651 Dolores off Park, Oakland

BERKELEY Estate Sale. Victorian antiques, traditional furnishings, desks, loveseats, prints, collectibles, bric-a-brac. 19 Tanglewood, 9-4, July 30-31.

SATURDAY July 30, 10-4, 5200 Contra Costa Road. Household items, clothes, toys, pet supplies.

SATURDAY, July 30, 9-2, handwoven baskets, miscellaneous, 5560 Carlton, Oakland

ESTATE SALE, July 30-31 (8-4) Provincial four-poster twin bed set. Dining room set, baby items, clothing, bicycle, miscellaneous. 6128 Rockridge Blvd South, Oakland.

604 Miscellaneous

FIREWOOD- July sale. \$96 cord; \$24 quarter; sold in any quantity. Open 7 days, 9 A.M.- 3 P.M. A1 Society, Joaquin Miller Park, Oakland. 530-4818.

25" console television, excellent condition, \$100. Electric dryer, \$35. Weights and bench, \$50. Call 235-5765.

CARVED apple green Burmese jade pendant, 14 karat gold shank, approximately 2 inches long. Stunning. \$400. 530-7725.

SABIN 760 liquid copier, some supplies, needs drum, best offer, inquiries, 547-4493

KENMORE 6 cu. ft. refrigerator rarely used. \$150. Apartment size. J. C. Penney automatic washer, like new. \$75. Call 339-1969 after 5 p.m.

605 Musical Instruments

BABY Grand Piano. Tuned, good condition. \$3500. 527-3295

PIANO- Handsome upright, refinished, tuned, musician evaluated. Excellent instrument. \$1350. offer. 525-3761.

606 Pets Supplies

SAM: Magnificent Shepherd-Husky. Currently unhappy kennel-bred dogs, people. Exceptionally bright, sensitive, loving. 841-PAWS

BICHON Frise, adorable 10 week old puppy, male, ready for adoption. \$300 each, 652-6031.

PET-SITTING, nursing, pool therapy, some grooming, transportation- serving Oakland, Montclair, Piedmont, Berkeley, Michele, 658-9307

POODLE Terrier, 10 pound adult male, very affectionate, all shots \$30 653-6500

607 Wanted To Buy

KENMORE, Whirlpool washers (1972 or newer) and gas dryers, working or not. Anytime. Mr. Casber 548-4419

701 FOR RENT GENERAL

MONTCLAIR Women's Club, 1650 Mountain Blvd., for groups of 40 to 250, kitchen, parking, stage. 428-1898

PARKING space indoor adjacent to campus, north side. Available August 1. \$95 month. Message 548-4654

Apartments Condos Townhouses

703 Albany Kensington

ALBANY 2 bedroom accepting applications. Security parking, no pets, mature couple preferred. \$550 plus security and cleaning deposit. 527-0363.

703 Albany Kensington

SENIOR 1 bedroom studio completely furnished. Prefer 1 person. First month and deposit. \$526-4781.

704 Berkeley

RENTALS & SHARES

BERKELEY CONNECTION

PLEASE COME SEE CURRENT LISTINGS BEFORE YOU PAY! NEW LISTINGS DAILY! MONTH-SACK GUARANTEED! 2840 COLLEGE AVE. 945-7821

FREE MAP WITH AD!

THE #1 WAY TO FIND A RENTAL:

- Specializing in the hard to find rentals
- Up-to-date listings
- Checked twice weekly

CALL 849-1800 SPACEFINDERS

1 bedroom duplex, clean, hardwood floors, parking, water, garbage paid, Cornell- Cedar, \$900. Evenings, 525-4823

705 El Cerrito & North

EL Cerrito, 2 bedrooms, fireplace, dishwasher, refrigerator, stove, disposal, mini-blinds, carpeting, laundry, \$795. 528-9340

LARGE 2 bedroom, carpet, water and garbage, free laundry, \$600 month, \$500 security, 235-3901

EL SOBRANTE hills, 3 bedrooms, 2 bath townhouse, \$875, pool, double garage, 547-0909.

POINT Richmond Victorian Hotel, furnished room, share kitchen and bath \$250-\$275. 237-1909.

LOVELY new studio, bay view, decks, woody, quiet, parking, all. \$425. 8425 858-4948

706 Oakland Piedmont & South

LARGE 1 bedroom, near lake, 1018 East 17th Street B, \$525 plus deposit. 535-1682 or 532-0869.

NEAR Piedmont (Grand), Available now 1 bedroom \$600, \$625 deposit; 2 bedroom, 1 bath \$700, \$740 deposit. Also available 4 bedroom 1st, 2 bedroom, 2 bath with fireplace \$840, \$900 deposit. All electric kitchens, pets welcome, swimming pool and balconies. 465-3648

STUDIO, \$375. Clean, quiet, partial utilities included, no pets, Coolidge Ave. 530-2718.

New 2 bedroom, clean, stove, refrigerator, quiet, parking, \$750 plus deposit. 3064 Florida Avenue. 652-8580.

LARGE 2 bedroom, 2 new full baths, fireplace, newly painted, new drapes, in one of the best neighborhoods, \$700. 451-4742.

MAPLE- MacArthur, sunny, secure, 1 bedroom upper, appliances, carpeting, drapes, Quiet, mature non-smoker \$450. 534-1341.

One bedroom, Adams Point, Lake Merritt, Vernon St., parking, clean, quiet, laundry, no pets, carpeting. \$521 9739, no fee, \$495

\$1,000 Moves You In! New and renovated apartments in prime locations surround Lake Merritt. Classic Victorian, art deco and light contemporary styles to fit your needs. Studios \$395-\$425. 1 bedrooms \$495-695. 2 bedrooms \$800. View any or all of these distinctive buildings with a single call to 452-2944.

TWO bedroom, hardwood floors, washer, dryer, transportation, \$600 893-4504

ONE bedroom basement apartment, 3½ blocks from BART, \$435 plus deposit, available August 1, 652-1860

One bedroom, Adams Point. Quiet, small building. \$505. Laundry, parking. 220 Orange St. #1. 451-3730

CHEERFUL 2 bedroom apartment, hardwood floors, Levolors, washer hookup, parking, \$700, year lease. 763-2360, 834-9033.

One bedroom apartment, Adam's Point area, security building, garage, wall to wall carpet, dishwasher, garbage disposal, large closets, close to schools, shopping and public transportation, \$525-\$550 per month plus deposit. Bob, 893-1023

LUXURY Apartment, 2 bedroom, 2 bath, security building, adjacent Claremont Country Club, \$950. 658-1952

LARGE 1 bedroom near lake, 1000 sq. ft. garage, laundry, small security building, \$575 plus deposit, pets okay. 839-2368.

SPACIOUS 1 bedroom, 1920s English Tudor security building. Convenient Ivy Drive location off Park Blvd. and 580. \$495 includes heat, water, garbage. 836-3169; 654-5005, 547-4020.

706 Oakland Piedmont & South

CHINA Hill modern, spacious 1 bedroom, in handsome 1920s, security, Mediterranean styled, secure, tastefully refurbished for the very particular tenant only. \$535 includes heat, water, garbage. 836-3169; 547-4020.

ONE bedroom, fourplex, quiet, sunny, yard, storage, washer/dryer. Near transportation. No pets. \$485. 652-2127.

NEAR Lakeshore, large, 1 bedroom, \$495, remodeled bathroom, new paint, small building, carpet, lease, 798-1323

CLEAN, spacious 1 bedroom, Lake view, off street parking, \$425. 835-3939

IMMACULATE, bright, spacious, 1 bedroom, 1 bath, quiet, 1 car garage with opener, private entry, \$625. Near Park Blvd. 268-0737

FURNISHED Oakland- Piedmont. Designer executive 1 bedroom in elegant fourplex. Everything included. \$950. No pets. 486-1294

GLENVIEW district studio apartment, garden setting, \$450 month, first, last. 482-4984

TWO plus bedroom flat with fireplace, new kitchen and paint, hardwood floors, pets negotiable. Near Mission Temple, San Francisco. Must see! \$895. 530-1842

NEAR Diamond Park, clean modern 1 bedroom apartment, carpeting, stove, refrigerator, \$420 month, no pets, call after 5 P.M., 630-6670

Two bedroom, 1 bath, dining

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YOSEMITE ST-1 block to Piedmont Ave. Small 2 bedroom, 1 bath, off-street parking plus laundry, new paint, carpets, drapes. Call Doug 531-6018/889-7870.

PARK BLVD.-Small 2 bedroom, 1 bath, older building, top floor, new carpets, Levalor blinds, appliances, etc. Above 580 freeway \$595. Call Doug 531-6018/889-7870.

CHINA HILL

427 WAYNE AVE.-1 bedroom, large sunny kitchen, quiet Old World charm, Lake Merritt view, new carpet. \$525 month. Call Doug 531-6018/889-7870.

479 MERRITT AVE.-Studios, starting at \$375. Old World Charm, quiet, secure. Laundry, common deck, Lake view. Call Joe 452-5923.

350 NEWTON-2 bedroom, large sunny kitchen, top floor, quiet, pool, parking, near Lake. \$675 month. Call Dana or Sharon 834-9471.

Rental applications processed same day. Other units available.

STUDIO, in fourplex, woody area, close to park, secluded, new carpets, new appliances, newly painted. \$375, 833-1956, after 3 P.M.

THREE bedroom 2 bath flat, with fireplace, off upper Piedmont Ave., \$850, 830-9291.

LAKESHORE area, bright and spacious 2 bedroom, 2 bath, carpets, drapes, elevator, garage, quiet building, \$695 plus security deposit, 834-5377.

Two bedroom, \$695, three large bright rooms, three closets, hardwood floors, 1800 Lakeshore, call 836-4294

LARGE 4 bedroom apartment, 2 1/2 baths in quiet 6 unit complex, nice area, \$1000 per month, first, last, plus security. 3186 McKillop Road. 531-0945

ONE bedroom, \$495, top management, sunny courtyard, plush carpets, view, San Francisco, spotless, 763-5350.

MONTCLAIR area one bedroom in fourplex. Private patio. Carpets, new drapes, sink and counter. No pets. \$525 month plus deposit. 482-1516.

WATERGATE, pleasant large studio, available August 8th, \$580, first, last, days 760-5714 Jane, P.M.'s 653-0538

ONE bedroom, \$495, real value, prime Lake area, 2 blocks Grand Ave., clean, quiet, 893-0711.

ONE bedroom, \$580, mature tenant in top Lake area, absolutely spotless, quiet, near transportation, 448-9376.

NORTH Oakland, spacious 2 bedroom unit. Quiet, convenient location. \$695 month. Open house Thursday, July 28, 7-8 P.M. Call George or Cindy 435-1884.

TWO bedroom, \$670, including parking, small home-like building, near Grand Ave., Lake and transportation, 763-5350.

ONE bedroom, hardwood floors, parking, Chabot Road location, \$675. 524-0900, 848-4603 evenings.

PENTHOUSE, 3 plus bedrooms, can view a most view, Grand Lake area, \$1150. 763-3542, 891-2399.

CONDOMINIUM

ONE bedroom, balcony, security building, parking, roof garden, transportation, reduced \$495 plus deposit 653-0724.

ONE bedroom, 1526 3rd Ave., carpeted, newly painted, mini blinds, water, garage included, yard, transportation, shopping, \$450, security deposit. 547-4031.

SPECTACULAR roof top apartments on Lake, beautifully remodeled, in charming older building, hardwood floors, garages. One bedroom with cathedral ceiling, view, \$700. One bedroom, 2 bath, formal dining, roof deck, washer-dryer, \$750. 1434 Lakeshore. 482-1864.

STUDIO, eat-in kitchen, walk-in kitchen, dishwasher, balcony, parking, Adams Point, \$450, 893-3464.

3907 Piedmont Ave., 1 bedroom, newly painted, carpeted, mini blinds, all utilities included, transportation, shopping, \$510, security and last month's rent, to see call 547-4031.

ONE bedroom, wall to wall carpets, quiet security building, pet utilities, storage, laundry, no pets, low move-in cost. 118 Athol Ave. 763-6274

MONTCLAIR, Snake Road. Furnished bedroom in private home. Private bath. Secure. Parking. \$375. 339-1019.

PIEDMONT-OAKLAND
Bright and sunny, spacious 2 bedroom, 2 bath apartment, security building, entrance off enclosed courtyard with dishwasher, Levalors, terrace, and plenty of storage. Parking included. No pets. \$900, 652-5051.

ONE bedroom, unfurnished. Hardwood floors, laundry. Renovated. 1232-44 Avenue, near Lake Merritt. \$485, 339-1019.

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STUDIO \$275, nice location, shopping, transportation, stove, refrigerator, security door, more, ideal retired person. \$30-7935.

IVY HILL, sunny, very large 1 bedroom, deco charm, carpets, garage, laundry, 2527 8th Ave., \$600, 531-3478

LARGE, quiet 1 bedroom in fourplex near Piedmont Ave. Hardwood floors, parking, laundry, \$565 763-1333.

Two bedroom apartment, 4355 Edgewood, \$850 first, last and deposit. Includes Garage and Storage room. 1 block to shopping and to San Francisco-Oakland buses. Quiet Glenview location. 399-9584

LARGE 1 bedroom, immaculate condition, hardwood floors, private garage, townhouse style apartment, Rockridge, \$700, 845-5345.

UNFURNISHED, 2 bedroom, clean, near transportation, partial utilities paid, no pets, \$500- \$600, 465-4384

ADAMS Point 1 bedroom \$640 Two bedroom, 2 bath \$825. Spacious, secure, parking. 548-5159, 547-0685

NORTH Oakland: 1 bedroom \$620. Two bedroom \$685. Three bedroom \$995. Hardwood floors, fireplace, BART. 548-4159, 547-0685

CHARMING sunny studio in private home with deck, garage, 420 month including utilities, no-smoker, quiet. Available August 6. 531-9069.

1400 sq. ft., 2 bedroom, 2 bath, dining, fireplace, San Francisco view, garage, \$875 865-0830.

ONE large bedroom, great area, clean building, apartment mint condition, new carpets and venetian blinds, all utilities and parking included, in-house laundry, no pets, \$585, 652-3759.

ADAMS Point, 2 bedrooms, carpets, drapes, security, \$675. Call Heath at 893-1100.

SPECTACULAR 1 bedroom, Lake Merritt view, 1000 sq.ft., hardwood, garage, \$775 month. Call 465-3557

SECLUDED studio, off Piedmont Ave., with hardwood floors, tree view, \$475 month, call 465-3557.

MONTCLAIR Hills: one bedroom garden apartment in private residence, patio, storage. Separate entrance. \$525. 531-8535.

LARGE studio near Pleasant Valley, Broadway, College. Walk to BART, bus, shops. Ten minutes to UC. Security building includes garage, pool, spa. \$540 month. 671-6987.

LAKESHORE, deluxe, large, 1 bedroom, large balcony, elevator, security building, shopping, transportation, \$500, 834-3039.

SPACIOUS 1 bedroom, near Harrison and MacArthur in fourplex, Carpeted, small yard. \$485 to \$520. 465-5031, 452-1333.

GRAND LAKE AREA
Above MacArthur, Studio, large, sparkling clean, New refrigerator, carpets, drapes, Laundry facilities. Most utilities, excellent transportation. Quiet, secure, owner manager building. No pets. Good value, \$460, 451-5580.

207 Orange, Small 1 bedroom in fourplex, yard, laundry, carpeted. \$440. 465-5031.

BIG 2 bedroom in large duplex with fireplace, near MacArthur and Park Blvd., Yard, dog considered, \$595. 465-5031.

SUNNY, very spacious 2 bedroom flat, fireplace, dining, pets. Patio only. Mandane-Lakeshore, \$780. 451-6268.

LAKE, Adams Point, one bedroom, immaculate, older building, quiet, yard. \$525, 465-3728.

TWO bedroom apartment in charming well maintained 4 unit building, spacious, hardwood floors, garage, storage. Laundry facilities. 1153 McKinley, off Park near 580, Drive by: If interested call 444-7409. Available August. \$600

MAYBELLE apartment, near Mormon Temple area, second floor, 2 bedroom 1 bath, parking and some utilities, \$560, available immediately, 451-5151.

TWO bedroom, 1 bath, top floor, view, balcony, quiet, all electric kitchen, carpets, garage, \$700. Call 834-3630, 8-10 A.M.

ONE bedroom attic apartment in attractive brick shingle building, near Lake, parking, storage and laundry, \$435 plus deposit, 934-7332

PIEDMONT AVENUE
You will like it. Comfortable friendly atmosphere, large kitchen, dishwasher, covered garage, 1 bedroom apartment, \$515, 255-4131 St., manager #12. 655-4431

Want some elegance in your life? Treat yourself to this spacious 1 bedroom apartment with plush carpeting, and many amenities, \$850, 115 Moss Ave., 654-1970.

THRESTLE Glen, 1 bedroom, dining room, stove, refrigerator, garage, view, near transportation, stores, \$695, 531-5153.

LOWER Rockridge. Sunny, large 1 bedroom. Refreshing, newly remodeled, \$575, 656-5200

SPACIOUS 3 bedroom plus den. Upper duplex. Carpeting, fireplace, parking. 2827 Harrison. Evenings, 635-4081. \$800

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ONE bedroom top floor, fireplace, view, carpets, parking, \$500. 839-1434, 8-10 A.M. for appointment.

ADAMS Point, 1 bedroom \$575 Security building, security garage, balcony, all appliances, carpets, drapes, laundry, elevator, close to transportation. 834-1771.

STUDIO available August 1st, 1906 Colonial charmer, private home, separate entrance, sunny, fireplace, no full kitchen, beam ceilings, secure neighborhood, near Trieste Glen-Lakeshore area, off Park Blvd., walk to shops, bus, 580, aerobics, no pets, \$375 in full kitchen, security, first, last and security cleaning deposit \$100. \$850 move-in. 530-4292

Two bedroom near Piedmont and Rose Garden, modern building, fireplace, balcony, cat okay, excellent location, \$695, 428-4962

SUPER SIZED
One bedroom, bath and one half, new carpet, new blinds, new paint, new dishwasher, Bay view, balcony, parking, lots of storage, \$650, no pets, 253-1714.

Piedmont Avenue
Clean and spacious 2 room studio with built-in breakfast nook and charming old building, circa 1920's, with Victorian style carpets and stained glass fixtures in hall. Good location, close to transportation. \$400. No pets. 3459 Piedmont Avenue. Manager 658-8453.

ADAMS Point, studio, \$435. Security building, security garage, elevator, carpets, drapes, laundry, heat, supplied. Close to transportation, electric kitchen, 834-1771.

ONE bedroom, country setting near Mormon Temple. Hardwood floors, sunny kitchen, two extra rooms, garage, yard, \$600. Also 2 bedroom, large rooms, large windows, open floor plan, \$600 535-0755, 436-3821.

DIMOND area, 1 bedroom, water, garage and garage included, \$500, call 531-0545

ONE bedroom, very large, view of Lake, hardwood floors and carpet, blinds, fourplex, \$495, 834-8157.

ONE bedroom garden apartment off Piedmont Ave. Dining area, carpet, Levalors, free basic cable television, good transportation. 655-7405

UPPER Rockridge security one bedroom, \$550, Elevator, BART (2 blocks), balcony, 5901 Broadway, 652-9321, 652-5320.

VICTORIAN ATTIC
Cozy 1 bedroom charm in a remodeled classic. Laundry and storage. \$495. 547-5721.

AGE M
Spacious San Francisco Victorian flat in China Lake Lakeshore Area. Large 2 bedroom plus walk-in closet, formal living and dining rooms. Large family kitchen plus laundry-sunroom with large deck. High covered ceilings, inlaid hardwood floors, under stair nook for desk, bay windows, off street parking, walking distance to shopping and San Francisco transportation. \$900 per month. Good references required. 645-1573, 451-0398.

MARIPOSA Street, 2 bedroom, 1 bath, deck, garden, washer, dryer, Victorian building, \$1000 month. 658-5739

PENTHOUSE studio-redwood-1 glass. Secluded, quiet, bright, woody. Montclair, \$700, including all utilities. 339-9010.

Lake Area townhouse
Off Lakeshore Ave. Quiet, sunny, luxurious, walking distance to shopping and San Francisco transportation. Large (1200 sq. ft.) 2 bedroom, 1-1/2 bath, fully redecorated for today's living. A little home in itself with small immaculately trimmed lawn. Level individual entrance. Laundry and gardener, \$850 per month. Good references required. 645-1573, 451-0398

MARIPOSA Street, 2 bedroom, 1 bath, washer, dryer, parking, garden, Victorian building, \$1200 month. 658-5739

Homes
CLEAN, comfortable, spacious home with outstanding view, 3 bedrooms, 2 baths, deck, fireplace, level in, quiet neighborhood, pet okay, available September 1st, \$1600. 339-1809 after 6 P.M.

THREE bedroom house, North Oakland, good area. Fireplace, garage, yard, quiet street, \$1350 month. 465-0323

PIEDMONT 3 bedroom, large master suite, level out patio, A-1 condition, no pets, years lease, \$1850 month. Angela 339-0400.

CHARMING house in Echo Creek area, 2 bedrooms, 2 baths, den, garage, fireplace, Jacuzzi, fenced yard, washer-dryer, \$2000 month with security, 1 month rent free. (408)291-8865

THREE plus bedrooms, 2 baths, 2 kitchens, farm house on large lot. Possible commercial use. 3220 MacArthur. \$1500 981-2303

PIEDMONT-Rockridge, 1 bedroom, formal dining, gourmet kitchen, laundry hook-up, yard, no pets. \$755. 547-4387

MONTCLAIR house, 3 bedrooms, 2 1/2 baths, garage, \$1,390, 222-1421, Dimitri.

MONTCLAIR canyon 3 bedrooms, 2 bath, new carpets, canyon view, sunny, private, very clean, \$1650, 652-2041 evenings Available August 15.

KENSINGTON 3 bedrooms, 2 bedrooms, 2 bathrooms, 2 car garage, Bay view. \$1500, lease. First, last, no pets. 531-7339

Panoramic Bay view. Quiet Kensington 3 bedrooms, 2 baths, separate dining, private yard, fireplace, no pets. Lease \$1425. 653-1454, 946-5331

\$1000, El Cerrito Hills-Kensington, cozy 3 bedroom, 1 bath, view, fireplace, yard, parking, \$459-2136.

KENSINGTON 3 bedrooms, 2 bedrooms, 2 bathrooms, 2 car garage, Bay view. \$1500, lease. First, last, no pets. 531-7339

Lake area townhouse
Off Lakeshore Ave. Quiet, sunny, luxurious, walking distance to shopping and San Francisco transportation. Large (1200 sq. ft.) 2 bedroom 1-1/2 bath, newly decorated for today's living. A home in itself with small immaculately trimmed lawn. Level individual entrance. Laundry and gardener, \$850 per month. Good references required. 645-1573, 451-0398

LAKE area, charming studio, quiet security building, carpets, some utilities, no pets, \$420. 763-6431.

LAKE area townhouse. Quiet, sunny, luxurious, walking distance to shopping and San Francisco transportation. Large (1200 sq. ft.) 2 bedroom 1-1/2 bath, newly decorated for today's living. A home in itself with small immaculately trimmed lawn. Level individual entrance. Laundry and gardener, \$850 per month. Good references required. 645-1573, 451-0398

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ADAMS POINT
ADAMS ST-Nice 1 bedroom \$535 month. New carpets, drapes, paint, appliances, etc. Includes parking. Call Barb 465-1336

PALM AVE-\$200 off first month Large 1 bedroom \$475 month. Call Roger 893-8538 or Doug 889-7870

LAKE CREST-Deluxe Adams Point small 1 bedroom, AEX, carpets, drapes, garage parking, intercom, enclosed courtyard. \$450 plus deposit. Penthouse also available. Has private deck. \$625 plus deposit. For appointment, call Ann at 658-6672 or Doug at 531-6018.

2 BEDROOM-Fantastic Condo. \$725 month. Top floor, Bridge view from balcony, sunny, quiet, plus pool. Includes parking. Call Doug 889-7870

SPACIOUS-2 bedroom, 2 bath condo. \$795 per month. Fireplace, balcony, ceramic tile. Quiet well-kept, close to transportation. Includes parking and pool. Call Doug 889-7870

EUCLID ST-1 bedroom, large. New carpet, sunny, quiet, walk-in closet, includes off-street parking. \$525. Call Doris 833-3707.

Rental applications processed same day. Other units available.

WALK to financial district, Lake Merritt, Kaiser Center, Sunny, spacious studio and 1 bedroom. Walk in closets, large kitchen, Levalors, carpet, free basic cable television, good transportation. 839-7353 or 839-2536

BEAUTIFUL art deco 1 bedroom and studio, bay windows, decorative fireplace, Levalors, free basic cable television, elevator, walk to Grand Lake Theater, shopping, San Francisco express bus, easy access to freeway and BART 268-8714.

ONE bedroom garden apartment off Piedmont Ave. Dining area, carpet, Levalors, free basic cable television, good transportation. 655-7405

UPPER Rockridge security one bedroom, \$550, Elevator, BART (2 blocks), balcony, 5901 Broadway, 652-9321, 652-5320.

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Cozy 1 bedroom charm in a remodeled classic. Laundry and storage. \$495. 547-5721.

Spacious San Francisco Victorian flat in China Lake Lakeshore Area. Large 2 bedroom plus walk-in closet, formal living and dining rooms. Large family kitchen plus laundry-sunroom with large deck. High covered ceilings, inlaid hardwood floors, under stair nook for desk, bay windows, off street parking, walking distance to shopping and San Francisco transportation. \$900 per month. Good references required. 645-1573, 451-0398.

MARIPOSA Street, 2 bedroom, 1 bath, deck, garden, washer, dryer, Victorian building, \$1000 month. 658-5739

PENTHOUSE studio-redwood-1 glass. Secluded, quiet, bright, woody. Montclair, \$700, including all utilities. 339-9010.

Lake Area townhouse
Off Lakeshore Ave. Quiet, sunny, luxurious, walking distance to shopping and San Francisco transportation. Large (1200 sq. ft.) 2 bedroom, 1-1/2 bath, fully redecorated for today's living. A little home in itself with small immaculately trimmed lawn. Level individual entrance. Laundry and gardener, \$850 per month. Good references required. 645-1573, 451-0398

MARIPOSA Street, 2 bedroom, 1 bath, washer, dryer, parking, garden, Victorian building, \$1200 month. 658-5739

Homes
CLEAN, comfortable, spacious home with outstanding view, 3 bedrooms, 2 baths, deck, fireplace, level in, quiet neighborhood, pet okay, available September 1st, \$1600. 339-1809 after 6 P.M.

THREE bedroom house, North Oakland, good area. Fireplace, garage, yard, quiet street, \$1350 month. 465-0323

PIEDMONT 3 bedroom, large master suite, level out patio, A-1 condition, no pets, years lease, \$1850 month. Angela 339-0400.

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\$1000, El Cerrito Hills-Kensington, cozy 3 bedroom, 1 bath, view, fireplace, yard, parking, \$459-2136.

KENSINGTON 3 bedrooms, 2 bedrooms, 2 bathrooms, 2 car garage, Bay view. \$1500, lease. First, last, no pets. 531-7339

Lake area townhouse
Off Lakeshore Ave. Quiet, sunny, luxurious, walking distance to shopping and San Francisco transportation. Large (1200 sq. ft.) 2 bedroom 1-1/2 bath, newly decorated for today's living. A home in itself with small immaculately trimmed lawn. Level individual entrance. Laundry and gardener, \$850 per month. Good references required. 645-1573, 451-0398

LAKE area, charming studio, quiet security building, carpets, some utilities, no pets, \$420. 763-6431.

LAKE area townhouse. Quiet, sunny, luxurious, walking distance to shopping and San Francisco transportation. Large (1200 sq. ft.) 2 bedroom 1-1/2 bath, newly decorated for today's living. A home in itself with small immaculately trimmed lawn. Level individual entrance. Laundry and gardener, \$850 per month. Good references required. 645-1573, 451-0398

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Berkeley

RENTALS & SHARES

BERKELEY CONNECTION
PLEASE COME SEE CURRENT LISTINGS BEFORE YOU PAY NEW LISTINGS DAILY
BART COLLEGE AVE. 845-7821
FREE MAP WITH AD

BERKELEY Hills, Spectacular view, 3 bedroom, 1 1/2 baths, fireplace, deck, yard, Sun, trees, privacy. Newly remodeled, lots of charm. \$1950 525-0468

LARGE 3 bedroom, 1 1/2 bath, with view, charming, 727 Contra Costa Ave., \$1800 527-2127.

THE UPLANDS. Charming family home, furnished, available now to December 1st. Three plus bedrooms, 3 baths, \$1450 month. 845-8021 J. T. Ward Realty

TWO plus bedroom house, fireplace, yard, just renovated, new appliances, \$850, 1336 Carrison. 843-7105.

GREAT Berkeley cottage, 2 bedroom, 1 1/2 bath, fireplace, decks, yard, secluded, 2013 1/2 Hearst. Open July 30-31, 11:00-4:00. \$1200. 658-3771.

711 El Cerrito & North
EL SOBRANTE, spectacular views, tri-level, 4 bedrooms, 3 baths, 2 fireplaces, 2 patios, double garage \$1650 month includes gardener. Must see 916-392-6395

CHARMING 2 bedroom, garage, deck, hardwood floors, close to BART, UC, Richmond annex, \$825 525-2893

712 Oakland Piedmont & South
BEAUTIFUL Piedmont home available September 1, 1988 through December 1, 1988. Complete housekeeping and gardening services included, references required. \$4,000 month. 653-2081.

OAKLAND Hills, one acre country setting. Large, sunny one bedroom in-law garden cottage. \$725. 568-3353

PIEDMONT 2 bedroom, 1 bath, dining room, fireplace, view, double garage, Wildwood School, \$1250. 652-2306

ELEGANT Rockridge Mediterranean. Large 3 bedroom, 2 1/2 bath, gourmet kitchen, fireplace, hardwood, sun room, bay view, balconies, deck \$2000 658-0977

BERKELEY-Oakland hills. Romantic, secluded 1 bedroom redwood-classic Japanese cottage. Creek. Furnished. \$1565 month. 548-5521.

CLAREMONT Heights: 3 bedroom, 2 bath, garage, view, close to everything, \$275, 261-0330, 482-3791.

PIEDMONT central location, Havens school, quiet street, 3 bedrooms, 2 1/2 bath home. View. Available August. \$1800 month. 653-6431 after 6 P.M.

ROCKRIDGE bay view, 3 bedroom, 2 bath, fireplace, dishwasher, washer, dryer, animals nook, monthly rent \$1550. Garage. 653-6387.

MONTCLAIR 4 bedroom, 3 bath, huge family room, forest setting, 2 decks, family preferred, lease, \$1500, 376-5653

GLENVIEW quiet 2 plus bedrooms, deck, hot tub, large kitchen, formal dining, fireplace, laundry, basement, gardening, cul-de-sac, \$1250. \$31-4136.

GLENVIEW beautiful 3 bedrooms, 1-1/4 bath, hardwood floors, fireplace, garage, laundry, dining room, breakfast room. \$1300. 630-0745

THREE bedrooms, luxury, brand new house, 2 baths, near Lakeshore, 2 car garage, \$1800, 654-5649

CLEAN, comfortable, spacious home with outstanding view, 3 bedrooms, 2 baths, deck, fireplace, level in, quiet neighborhood, pet okay, available September 1st, \$1600. 339-1809 after 6 P

718
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HOUSEMATE needed to share spacious two bedroom flat with hardwood floors and yard. \$337.50. 535-1855.

GROWTH-oriented, non-smoking woman wanted; Beautiful, spacious Oakland home near Mills College; Quiet, residential neighborhood. Fireplace, garden, laundry. \$350. 536-6372.

PEACEFUL, Professional man and quiet teen son looking for Piedmont area rent share. Yana 530-2068.

MALE or female to share 2 bedroom, 2 bathroom Broadway Terrace condo with non-smoking professional. No pets. \$400, first, last, deposit. Available August. 658-4516, Kevin.

QUIET non-smoker, near Sunnyside-Edgemoor. Pet okay, yard, barbecue, \$295. Most utilities included. 633-1865.

ROOM: Montclair, kitchen, washer, dryer, refrigerator. Clean and sunny. Separate entrance. Non-smoker. \$280 month. 547-0618

Upper Rockledge-Montclair Share with Professional, spacious, clean, sunny Tudor; view, fireplace, large living, dining, all electric kitchen, own telephone, garden, excellent location. Available immediately; straight, non-smoker, no pets. \$475. 653-0708.

\$458 plus 1/3 utilities. 2 professional women seek same to share warm, relaxed, beautifully furnished 2 story, 4 bedroom brown shingle Rockledge home. Hardwood floors, 2 fireplaces, deck, yard, washer-dryer, walking distance to shops and BART. No pets. Georganne 547-2585; 398-0777; Enid 987-3248; 658-0190.

WOMAN to share lovely, spacious home with view in South Oakland hills 638-7723. \$375.

GLENVIEW Housemate needed, non-smoker, \$350 month includes utilities. Large 3 bedroom. Ric 531-5096

RESPONSIBLE, neat, considerate female non-smoker wanted to share house in Albany with same. Prefer age 35-45. Congenial household. Sense of humor welcome. 1-1/2 bedrooms, plus own bath; fireplace, deck, yard, off-street parking. \$400 month plus \$400 deposit. 1/2 utilities. Available August 1. 527-4981.

PIEDMONT. Share spacious, 4 bedroom home with two adults, one child! All amenities, garden, deck. Must be meticulous, smoker okay. \$300, 1/4 utilities, deposit. 635-4291.

PENTHOUSE View! Two bedroom apartment, Lake Merritt area. Security building, pool, tennis, gym. Many extras. Male or female. \$335. 465-1339.

LAUREL district spacious 3 bedroom home with professional woman. 2 bedrooms \$380 each. 531-3637

Commercial

721
Berkeley
& North

2700 sq. ft. to 16,500 sq. ft. ground floor and second floor prime Richmond location for only 50¢ per sq. ft. base rent, plus T. 1's. Good freeway access - W. H. Frank Co. 231-0232

Large warehouse type or show-room-warehouse combo in Prime Richmond location. Good Freeway Access - Walking distance to BART. High employment area. As low as 30¢ per sq. ft. W. H. Frank Co. 231-0232.

ONE downtown Berkeley premium office space available August 1st. Parking space, law library, office furniture possible. Call 849-9008

IDEAL space for lectures, seminars, readings, etc. Hourly, daily, monthly rates. 549-9602

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& North

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Oakland
Piedmont
& South

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801
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GENERAL

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Piedmont
& South

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Heal It Through The...

Grapevine

By Lynda Efros

To breast feed or not?

Through the Grapevine
common questions
asked by Lynda Efros, health
stress consultant and
editor of HealthBreak, a
health counseling service.

A recent holiday gathering
with friends, I found myself sit-
ting around a picnic table (not
knowing whether I was in the mood
for a birthday cake) with three
nursing children. The nursing
mother wanted to know if I
could tell her just what was
transferring to her child
from the good old mother's milk
the process. So Chris, I
you're reading this and I
helps.

As we delve into the
complexities of the cark side here, I
just like to preface these
words with a reminder that the
health leans heavily in favor of
breast feeding. So not to be
discouraged. In a few minutes we
discuss the benefits of infant
nutrition of human milk ver-
sus formula, but first on to
the substances transmitted from mother

to the child. The harmful substances most
likely to be passed from mother to
child are in the form of
chemicals stored in fatty tissue.
Alcohol and other pesticides are
also of those substances. The
Environmental Protection Agen-
cy has no immediate health
concerns to mothers or their
nursing children. However they
do not rule out potential effects
of time. Even so the EPA and
other experts on the subject see
the benefits of breast milk over-
weigh the drawbacks.

PCB's (polychlorinated-
benzenes) have been found to
be present in 90 percent of nursing
mothers' breast milk. Though use
of PCB's has been banned now,
they were used in many industrial
processes during the past fifty
years. (Yes, PCB's are also stored
in fatty fat.) Here the recommen-
dation coming from the American

Academy of Pediatrics is to en-
courage women to breast feed
unless they have had extensive
contact with PCB's through their
jobs or through consuming large
amounts of contaminated fish.

A nursing mother is then en-
couraged to have her breast milk
undergo laboratory analysis. There
are numerous chemicals that
may contaminate breast milk.
Women who do now or have
in the past worked with toxic
chemicals are urged by the AA of
P to have their breast milk tested
before nursing their newborns.

So much for the external
causes, as important as they are.
What most nursing and potential
nursing mothers I've com-
municated with rate as a very big
concern is: What are the effects
of substances we knowingly put into
our own bodies? Yes, caffeine
does affect your baby. Mother's
milk contains the same amount of
caffeine as does her blood. Accord-
ing to nutritionist Jane Brody
(who once again was a reliable
source of information for yet
another of my columns), "Since
infants cannot break down caf-
feine, it can accumulate in their
blood and they may become jittery."
If you must have an occa-
sional cup of java, Brody suggests
you partake two to three hours
before nursing time.

As with caffeine, alcohol levels
in mother's milk coincide with
blood levels. Because it has still
not been determined what levels
of alcohol are required to cause
adverse effects in a developing
fetus, it is still difficult for experts
to cite safe amounts in breast
milk. Abstinence at this point is
considered the safest route. At the
other end of the spectrum, more
than one drink in any 24 hour
period is considered excessive.

No doubt about it — smoking-
nursing mothers have an ac-
cumulation of nicotine in their
breast milk (and possible other
chemicals as well). Studies also in-

dicating that women who smoke are
less likely to produce ample
amounts of breast milk and, in
more severe cases, nicotine may
prevent production of the milk
altogether.

Any drugs a nursing mother
consumes are potentially
dangerous to her infant. The un-
sophisticated state of their livers
and kidneys (inability to detoxify)
may cause small amounts of con-
sumed drugs over time to have a
toxic effect on the baby. Nursing
mothers are advised to consult
their physicians before taking
drugs of any kind.

Finally, the good news. Human
milk is definitely superior to
cow's milk for human infants in
numerous ways. It is easier to
digest and may prevent an array
of allergies. Breast fed infants are
only very rarely affected with
gastroenteritis compared with
their cow-milk consuming pals. If
they get infant botulism, they get
milder forms of it.

Breast fed babies are leaner and
are likely to have lower
cholesterol levels as adults. Speak-
ing of adults, a mom who
breast feeds loses the weight gained
during pregnancy much more
easily. The fat present in human
milk is largely of the unsaturated
variety and babies absorb calcium
more readily from this form of
milk. Finally, considered the most
important factor in its favor,
human milk has a powerful im-
munological effect on its con-
sumers. According to Brody,
"Mother's milk contains as many
infection fighting white blood
cells as blood."

So moms, it looks as if this all
comes down to a few basic
reminders. Know your history
and what you've been exposed to.
If there is any question in your
mind regarding your milk's safe-
ty, have it tested. Yes, and watch
the alcohol, cigarettes, caffeine
and drugs of all kinds. (I'm cer-
tain you didn't want to hear that
one more time!) Then, please sit
back with your little cutie and
concentrate on all the healthy
nutritional abundance you are im-
parting to her/him at feeding
time. Happy snuggling!

Send questions and comments
to The Grapevine, P.O. Box
1624, El Cerrito 94530 or call
Lynda at HealthBreak, 548-9312.

Close Up-

Ray Tunkel's mighty Yamaha

By Meredith Young

On entering the home of
Mr. and Mrs. Ray Tunkel the
immediate response is, "This is
a musician's home." There is
housed the large Yamaha Elec-
tronic Organ FX 20 organ. When
Ray sits down at this instrument
and starts to play, the music
begins to unfold and envelope
one in a sound of unbelievable
scope and intricacy.

This high tech, electronic,
computerized organ can, at the
touch of a finger or a flip of a
switch, emulate any instrument
of choice, vary the volume,
produce a singer. The choices
are endless and too varied to
describe. When Ray hits those
buttons the panels light up like
a Christmas tree.

There is also a Yamaha
Clavinova, an electronic
keyboard, plus a Yamaha light
keyboard, an ultra modern
instrument.

At this point, Mrs. Tunkel
interjects the point, "There
went my dining room." But
this is said with great good
nature as she is very proud and
interested in her husband's
music.

It is interesting to find out
how all this interest came
about. About ten years ago the
Tunkels left their large home in
New Jersey. Family had left
and were dispersed all over the
country so California seemed a
good place to come to settle.

One day the Tunkels were
visiting a birthday party at a

senior center. There was no
one present to play the piano
and Ray volunteered and that's
where the story really begins.

He was asked to play and
entertain at lunches at the
center. At the time of the birth-
day party a drummer, Leonard
Yacorzynski, and a guitarist,
Al Gullekson, asked to play
with Ray. Thus came about
Ray Tunkel's three piece com-
bo known as The Noteables.

Ray said that he had played
the piano sporadically for
about 9 years and during
World War II he played in
military bands. His interest
was heightened with the ad-
vent, the last five years, of the
electronic organ. Ray says now
he has to limit himself other-
wise he would be playing
constantly.

One of his favorite places is
the sixth floor of Brookside
Hospital where for the past
two years from 1 to 3 p.m. he
has played for the patients us-
ing an electronic piano.

He plays at various nursing
homes on Mondays, once a
month at St. Callistus 11 to 12
before lunch. He says he plays
mostly for non-profit
organizations such as the Rich-
mond and San Pablo senior
centers for their dances.

Recently Ray and The
Noteables played their first an-
niversary tea dance at Senior
Information Day. A large
crowd enjoyed dancing and
listening to the selections of
waltzes, fox trots, rumbas

and bossa novas — all the
music seniors love.

The music brings back
memories of the big band era
and music of the 1940's,
especially the war years. Ray
plays for the pleasure and
gratification of the seniors. The
purpose is to have them get up
and dance or simply enjoy the
music. His repertoire is amaz-
ing. He can play at least 1,000
songs either by ear or reading
the music.

Ray and his wife do take off
once in a while to travel. Re-
cent trips to England, Hawaii
and Norway have given them
time off from a busy schedule.
They also attend the yearly
seminar at Asilomar featuring
a home organ festival. Top
notch players give a concert
every night.

Every Monday afternoon
from 1 to 4 p.m. through Dec.
19 there will be a series of
dances for seniors at the Ber-
muda Room on the Nevin
Street side of the Richmond
Auditorium. Ray and his
group opened the series and
will be back later in the year.

Ray will be taking a little
time off to enjoy his so-called
retirement. He says he has
never been so busy in his life.

Quoting from Allan
Fromme's book, *Life After
Work*, "It's not what you did.
It's what you're doing."

Ray, it's well known what
you're doing.

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Church Notes

**Grace Lutheran Church, 15
Santa Fe Ave., El Cerrito.** Ralph
L. Moeller, Pastor. Ortwin R.
Janke, Pastor Emeritus.
525-9004.

Vacation Bible School,
Discover God's Power at the
Wonderfair, will be held Aug. 1
through 5 from 9 to 11:30 a.m.
at the church. There will be clowns,
balloons, games, crafts, exciting
stories and animal friends.

For more information call
525-9004 or 525-1078.
**Mira Vista United Church of
Christ, 7075 Cutting Blvd., El
Cerrito.** The Rev. Nancy M.
McKay, Minister.

Adult class meets at 9 a.m. on
July 31; worship is at 10 a.m.
Diane Gass will give the
message. Rose Leines and Dick
Kell will sing a duet.

From Aug. 2 to 12 Rev. McKay
will on retreat at Four Springs in
Middletown, CA.

**Christ Lutheran Church, 780
Ashbury Avenue, El Cerrito.**
Pastor Martin J. Schaefer.

Laity Sunday service at 10 a.m.
on July 31. Peter Wehrenberg and
Mildred Bradfield will be
preachers. George Fosselius and
Judy Streets will be worship
leaders.

**Arlington Community
Church, 52 Arlington Ave., Ken-
sington.** Senior minister Ken
Barnes.

How to Help the Homeless is
the 10 a.m. sermon by Brad
McGuire, an employee of the
Berkeley Emergency Food
Project.

There is a 6 p.m. Sunday
meditation and healing service in
the chapel (off Rincon Avenue).

**El Cerrito United Methodist
Church, 6830 Stockton Ave., El
Cerrito.** Pastor Gary E. Pope-
Sears. 525-3500.

The Sunday Worship Service is

at 11 a.m. with Pastor Pope-Sears
presiding. The adult bible class
and special discussion classes
meet at 9:30 a.m., Sunday school
is at 10 a.m.

Pastor Gary will have a *Mo-
ment for Children* after which
care is available for children of all
ages.

**First Unitarian Church of
Berkeley, 1 Lawson Road, Ken-
sington.** Pastor Richard Boeke,
Assistant Pastor Holly Horn
Neuman.

Rev. Neuman's subject at the
10:45 a.m. service on July 31 is
Questing for the Holy Grail.

A meditation weekend will be
held July 29-31 at the church's
Freestone retreat, a geodesic
dome in Sonoma County.
Samathavipasyana Buddhist
meditation will be studied. For
more information call Joel Kauf-
mann at 524-9633.

**Sycamore Congregational
Church, 1111 Navellier St., El
Cerrito.** Pastor Benjamin Wu and
Nichigobu Pastor Megumi
Tsukamoto.

The Nichigobu worship service
is at 9:45 a.m. English service and
church school is at 11 a.m. There
is a fellowship hour at noon in
Adamson Hall.

On July 31 Dr. Robert Sinclair
will deliver the sermon.

**Unity Church of Richmond, 351
28th St., Richmond.** Warren
and Marguerite Meyer, Ministers.

Adult worship service is at 11
a.m. as well as youth education
classes. Peace power prayer time is
at 10:30 a.m. Sundays.

The Journal welcomes news of
church activities and events of
community interest. The deadline
is Friday morning before the
publication date. Mail news to
Church Notes, El Cerrito Jour-
nal, P.O. Box 1624, El Cerrito
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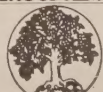
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Elk trapping will continue at delta

For the second time in two
years, the U.S. Department of
Fish and Game will carry out a
tule elk trapping and relocation
project to keep elk numbers
within habitat capacity at the
DFG's Grizzly Island Wildlife
Area southeast of Fairfield.

Project coordinator Don Koch
said recently that wildlife person-
nel will attempt to trap between
50 and 70 elk from the west delta
island in early August and move
them to a remote area of northern
Mendocino County. The Fish and
Game Department, which esti-
mates California's expanding tule
elk numbers at more than 2,500
animals, relocated 77 of the

island's 140 elk to a new habitat
in 1986. The herd has since rebuilt
its numbers to 135 animals.

During the 1940s, the tule elk
population in the state dropped to
fewer than 500 animals. Through
protective legislation and reloca-
tion efforts, the DFG has helped
rebuild the state population to its
present level.

Pending the outcome of a law-
suit in opposition, the DFG is
preparing to conduct three limited
tule elk hunts this fall, to provide
sport hunting opportunities and
help control numbers. A total of
105 permits will be issued for
hunting in the Bishop, Lone Pine
and Cache Creek areas.

Agnes Chen feeds kids' minds at EC Library

By Barbara Davidson

EL CERRITO -- The new El Cerrito children's librarian did not grow up on Peter Rabbit. In fact she had never read any American children's literature until coming to this country in 1962. Agnes Chen was born in Canton, China. While still in elementary school the communists took over and her family fled the country. She was renamed Agnes, in lieu of her given name of Ping, after a saint, by one of the nuns at the Catholic elementary school she attended in Macau.

Chen finished high school and

college in Taiwan where she majored in law. When she came to the U.S. she decided it was not feasible to pursue jurisprudence because U.S. laws are based on the British system whereas the judicial system in Taiwan is based on ancient Roman law.

She learned to use the library system in the course of studying political science at Vanderbilt University, formerly called George Peabody College. Learning her way around the library was like a treasure hunt, she says. "In China the public library is almost like a reading room. You went there to see friends or read the newspaper. There were fewer resources than in the U.S. and fewer knowledgeable library personnel to assist you. You had to look for everything yourself."

Chen received her Master's degree in library science in 1965 and had planned to return to Taiwan because she felt there was a need for professionally trained librarians. Instead, she became engaged to her future husband, P.C. Chen and she remained here.

Chen worked first as a reference librarian in Santa Clara County and then as reference and circulation librarian at Lone Mountain College in San Francisco.

She came to work in El Cerrito because her job as Children's Librarian in Kensington for the past 20 years was for only 20 hours a week. Since Chen's only child, Connie, is now a junior at Stanford, Chen wanted to work 40 hours a week which was possible at the El Cerrito library. Chen said when she first went to work

for Contra Costa County she was briefly assigned to the El Cerrito Library so, she said, coming back 20 years later is like coming home.

Chen speaks Cantonese and Mandarin. She expressed surprise to see that about half of the children who come to the El Cerrito library are immigrants from

China, Japan, Korea and Taiwan.

"There is a family influence among Asians to get children to read and become educated," said Chen, "which might account for the large numbers of Asian children. Or it just might be due to the fact that the children are out for the summer and have been encouraged to spend it at the

library."

Chen would like to see more interaction between the library and the schools so that children might obtain clearer knowledge of how to use the library. "For example," she said, "children have been told by some of their teachers to use the card catalog here but it has been replaced by

microfilm. I wish the would take the class to the or have the librarian come school."

When she worked in ington, she said the pare heavily involved in the P they helped facilitate usage of the library spreading the word.



Children's Librarian Agnes Chen at El Cerrito Library with six-year-old Mathew Theisen and to Chen's left, Mary

Little League...

Continued from page 9

relievers couldn't keep them close enough. Creek pulled away for the win, despite a three-for-three performance by Trigg Splenda.

Now in the losers bracket the Albany team matched up with Alameda and used the long ball to down their opponents 13-6. Ten of Albany's 11 players got a hit in the game with six getting more than one hit. Tapscott led the way going three-for-four, followed by Splenda 2-5, DiPrisco two-for-two, Edwards two-for-three, Meyers two-for-four and Beckhusen two-for-four. Albany belted three big blows, the first coming in the first inning, when Mohammed Mirzai connected on a long smash that still may be flying now. It capped a five run first that put Albany on their way.

The second shot came in the third when Edwards hit a solo homer to nearly the same spot that Mirzai had earlier hit his.

The final homer sealed the contest and was hit by Eddie Beckhusen and it came with the bases loaded. He hit a high towering drive that each fielder thought they might have a play on. When they got to the fence all they could do was watch as Beckhusen circled the bases.

That put them ahead 11-3 and they cruised to a 13-6 win with Mirzai throwing a great game. He allowed only four hits while being in command the whole way.

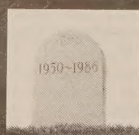
Their final game was a harder one to take, though, as they were beaten by Concord American, 11-1.

Albany was limited to just four hits while not being able to stop the Concord team who seemed well practiced in all phases.

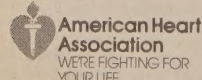
For the tournament Trigg Splenda and Mario DePrisco led the way offensively, batting .600, nine-for-15 and six-for-10, respectively. Tatum Tapscott went six-for-12 for a .500 clip and Benj Meyers had five hits.

The official ending to the season will come in September with the awards assembly and naming of the new board of directors.

Don't be dead certain you're too young to have a heart attack.



Last year 105,000 Americans under age 65 died of heart attacks. In fact, 45 percent of all heart attacks happen to people younger than 65. If you're old enough to be concerned about heart disease, be wise enough to take the steps recommended by the American Heart Association to reduce your risk. Don't smoke. Reduce the fat and cholesterol in your diet. And control high blood pressure. Act now. Because it's never too early to start taking care of yourself.



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